

Welcome!

The Summer 2013 Community Brochure is listed on the following pages.

We have many new programs to offer the community. Thank you for the many program suggestions, we have included several that were suggested. We have a few more programs to firm up in the next few weeks. Be sure to check the web site often, as we continue to update the Summer Brochure and On-line.

We have several programs that will be offered during the upcoming April School Vacation including: Archery, Skateboard Lessons, Board Game Day and Music Marathon.

Our Lego's class will start after the April School Vacation. We have a series of horseback riding lessons and our annual Horseback Clinic scheduled for April 27. The above programs are listed in the Winter/Spring Community Brochure and Winter / Spring 2013 on-line.

The Summer Community Brochure is on the web and on line. Hard copies will be available next week. We are pleased to say that the on-line registration is up and running! All of the summer programs are listed on-line. All of the summer programs are listed in the brochure, on the attached pages.

Summer Program Registration began Monday, April 8 at 10:00 a.m. Walk In, Mail In or On-Line. After hours you can always drop off your completed registration form in our mail slot at the recreation office, 900 Ferry Street. The mail slot is adjacent to the front door.

Congratulations to Kristen Hay. Kristen was the first person to find one of our mistakes and call in to let us know. Kristen won a recreation sweatshirt and coffee mug!

Please call if you have any questions! 781-834-5543

Sincerely,

Ned and Sharon

# MARSHFIELD RECREATION DEPARTMENT

at

Coast Guard Hill

900 Ferry Street, Marshfield, MA 02050

781-834-5543

[www.townofmarshfield.org/government-departments-recreation.htm](http://www.townofmarshfield.org/government-departments-recreation.htm)



*2013 Community Brochure*

*New Programs to Enjoy!!!*

**Online - By Mail - In Person**  
**Registration form enclosed**

**Marshfield Recreation Department**  
**900 Ferry Street**  
**Marshfield, MA 02050**

## **Office Hours:**

**Monday, Wednesday, Thursday, Friday**  
**8:30 a.m. - 2:30 p.m. or by appointment**

### ***Recreation Staff:***

Ned Bangs, M.Ed., C.P.R.P., Director  
[Recreation@townofmarshfield.org](mailto:Recreation@townofmarshfield.org)

Sharon Robbins, Administrative Assistant,  
[Recreation @townofmarshfield.org](mailto:Recreation @townofmarshfield.org)

### **New programs to enjoy!**

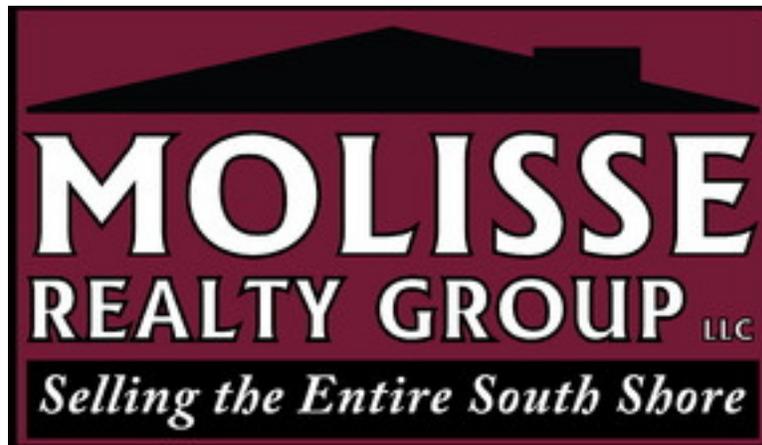
Have an idea for a program, a talent or skill to share, call the office! We continue to build new partnerships through programs, special events and fundraisers, ask us how!

### ***Recreation Commission:***

Dan Pitts, Chair  
Jan Dobsovits, Vice Chair  
Michael Fay, Recording Secretary  
Chris Ciocca  
Matt Pomella  
Dan Donovan  
Jeanine Hall

New Members Welcome!

The Marshfield Recreation Department would like to thank the following companies for their long and continued sponsorships and generous donations to our community



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***From the Director:***

***Marshfield Recreation Department is GOING GREEN!***

The Marshfield Recreation Department offers residents and program participants a variety of options when registering for one of our many community programs. Walk In, Mail In and On-Line options are available. The best option is the one you favor. We encourage On-Line as that is often the fastest way to register. We continue to update the web brochure and on-line, as new programs are confirmed. You will be able to view all of our summer programs on line, prior to the start of summer program registration. We print a limited number of community brochures. The brochures will be available at the Town Hall, Denny's Barber Shop, Molisse Realty Group, Seaside Homes of Marshfield, Ventress Memorial Library and at the Recreation Center. We encourage residents to register On-Line. However, Walk In and Mail In Registrations are accepted. The brochure will be placed on our web site and residents may view the brochure, print out the registration form and mail or walk it in to the office.

As we head into our summer season, our programs continue to expand in response to the changing interests and needs of the community. This summer we will continue the process of expanding the number of programs we offer for pre-school, youth, teens and adults. We are forming new partnerships and thereby increasing the number and variety of programs / activities offered to the residents of Marshfield.

We continue to improve our grounds at Coast Guard Hill. The pre-school organic vegetable garden is maintained throughout the growing season by the children and a steady stream of volunteers. We use the rain which is collected by our rain barrels to water our Vegetable and Butterfly gardens. Storm Water run off is addressed through our Rain Garden. We compost, and our Blue Berry Bushes, and Apple Trees continue to thrive. Our solar panels work well. If you want to see how much energy our solar panels are producing, (google [www.powerdash.com/stems/1000063/](http://www.powerdash.com/stems/1000063/)). Our Community Garden continues to expand and we look forward to area farmers using the Hoop Hut Green House to start their vegetables and flowers. We continue in our efforts to improve our grounds as volunteers and funds allow. This fall we will complete our split rail fence project, thereby prohibiting vehicles from driving up Coast Guard Hill. The practice field at the bottom of the hill will open this spring. Youth sports groups and other users can help by cleaning the field of rubbish after you use it. We will be evaluating a feasibility study for additional recreation use at the top of Coast Guard Hill.

We continue to work with scouting organizations to offer service projects and Eagle Scout opportunities, as well as with the DPW and other community service groups / individuals to improve and enhance our recreation facilities throughout the town. This summer we will begin the process to improve and overhaul our town, (school and non school) playgrounds. Discussions on possible Eagle Scout projects include a community garden at our child care center, and a walking guide to Marshfield trails.

Dogs are welcome at Coast Guard Hill as long as they are on a leash and with a responsible owner. Please be a responsible owner and help keep the area clean by picking up after your pet. Our grounds are open to the public from dawn to dusk.

Recreation Web Page! [www.townofmarshfield.org/government-departments-recreation.htm](http://www.townofmarshfield.org/government-departments-recreation.htm) View the many community offerings via the brochure, print out a registration form and mail or walk it in. You may register for our community programs on-line. Check out recreation news, brochures and latest updates 24/7.

Recreation Volunteers help keep our facilities clean and safe. Members of the Plymouth County Trial Courts assist on a regular basis to maintain our many recreation facilities.

Join us this summer on one of our many programs, trips or special events. Enjoy a relaxing Sunday evening at one of our concerts on the Green, or build your castle in the sand at our annual sandcastle / sculpture contest at Rexhame Beach. Want to learn more about the Marshfield Recreation Department, its programs, opportunities, and plans for the future? Our staff would be happy to address your group or organization to share our vision.

Have a great summer and remember, "Don't Hesitate, Recreate!"

Sincerely,

Ned Bangs, CPRP  
Recreation Director

## **MARSHFIELD RECREATION DEPARTMENT WHO WE ARE AND WHAT WE DO**

The Marshfield Recreation Department was established by Town Meeting in 1958 with the purpose of conducting and promoting recreation, play, sports, and physical education. The Recreation Department plans, organizes, promotes, and provides worthwhile leisure programs and facilities to serve the physical, emotional, and social needs of the residents of our community, regardless of one's ability.

The Recreation Commission is comprised of Marshfield residents, seven full members and two alternates, who are appointed by the Marshfield Board of Selectmen. The Commission is a policy and active board responsible to the town for providing year-round, high-quality indoor and outdoor recreation activities for town residents. The Commission meets regularly to review policy, programs and procedures. Community attendance and input regarding programs and facilities is welcome! The Recreation Commission welcomes volunteers who are interested in promoting the planning of programs for all Marshfield residents. Call us at (781) 834-5543 to see how you can help!

### **DEPARTMENT OBJECTIVES**

Coordinate recreational activities with the school department, youth groups, youth sports programs, and senior citizens groups.

Involve as sponsors of recreation special interest groups, business organizations, neighborhood groups, professional groups and news media who are interested in helping improve Marshfield.

Better utilize and upgrade parks, ball fields, and conservation land.

Better utilize, protect, preserve, and beautify Marshfield's beaches.

Establish new programs as self-supporting and explore ways of generating additional revenue through grants, donations and fundraising.

### **RECREATION STAFF**

Recreation activities are coordinated through our office, which is staffed by one full-time director and one 24-hour-a-week administrative assistant.

The Recreation Department strives to hire the best-qualified individuals possible to staff and instruct our many programs. The Town of Marshfield performs back ground record checks on paid staff and program volunteers. Our department presently uses job applications, personal interviews and reference checks as part of our screening process. The C.O.R.I. will further assist us in screening prospective employees.

In all instances we will do everything possible to provide a positive learning experience and offer a safe, secure environment for your child. The Recreation Department strives to offer community programs which are within budget limitations. All Recreation Department programs are self-supporting. The fees charged for programs cover the cost of operation of the program, such as instructor salaries and materials.

Program instructors and part-time employees are hired on a seasonal basis. If you are interested in offering a program, please contact our office.

# REGISTRATION/GENERAL INFORMATION Page 7

## **Registration Procedure:**

You may use the enclosed form for all family members. All fees are payable at the time of registration. Go Green, save time and register on-line. Late registrations pay full fee, no pro-rating.

A person is considered registered when payment: including credit card, check (payable to Town of Marshfield) or cash, accompanied by a completed registration form is received by the Recreation Department.

## **Non-Resident Registration:**

Recreation programs will be open to non-residents on a space available basis. Registrations will be accepted starting Monday, April 22, at 8:30 a.m.

## **Program Information**

Regular outdoor programs will not be held during periods of inclement weather. Program cancellations will be e-mailed to you directly. A notice will also be placed on our voice mail.

If you have a question call the Recreation Department. All attempts will be made to reschedule classes that have been cancelled due to inclement weather or instructor absence. We are not responsible for making up classes missed due to participants' inability to attend.

## **Photo Policy**

Unless otherwise notified, the Recreation Department reserves the right to photograph program participants for publicity purposes for flyers, brochures and our web page.

## **Wait List**

Waiting List will be available **On-Line**. No Payment / No charge to add yourself to the Wait List. **By Mail** - when a program is full you will be notified via email and placed on a wait list. Your payment will be credited to your account. Call if you wish a refund. Refunds take 3 – 4 weeks to process. If openings become available, we go to the wait list to fill the class.

## **Refund Guidelines**

Our programs are supported by participant fees. If you cancel from a program you must do so at least 5 business days before a program begins for a refund, minus the administrative fee. Refunds will not be granted after the start of the second class except for medical reasons and with a doctor's note. Requests for refunds must be in writing. Refunds may take 3 – 4 weeks for processing. Canceled classes due to low enrollment will be fully refunded.

If you cancel from a program for which the Recreation Department has incurred expenses on your behalf, any refund will be reduced by the amount of the expenses incurred.

There are no refunds on trips unless a replacement can be found.

An administrative fee of \$10.00 will be retained per person, per program.

## **E-Mail**

Please keep your E-Mail address updated as most of our communications for program cancellations, changes, etc are handled via e-mail.. We don't want you to miss something important!

## **Easy Registration Process**

1. If Mail or Walk In, use one form per family (photocopy extra forms if needed)
2. Include one check, payable to Town of Marshfield, to cover all program costs.
3. Fill out registration form completely and accurately so that all your information will be recorded correctly. Read all registration guidelines and course information.
4. Insert completed registration form and check into an envelope and mail to:  
Marshfield Recreation Department  
900 Ferry Street  
Marshfield, MA, 02050
5. Please provide a current e-mail address for confirmations/receipts.
6. All program registration, On-Line, Mail, and Walk In will begin Monday, April 8, 2013. at 10:00 a.m.

## **On-Line Program Registration**

We encourage on-line registration. Shop for all your leisure needs 24/7 from home!

## **“Helping Hand” Scholarship Fund**

Fee-based programs can create a financial hardship for some families. We believe that public recreation is important and serves to improve the quality of life for individuals and the community alike. If you would like to contribute to the “Helping Hand” fund, please refer to the program registration form in this brochure.

## **Financial Assistance**

Marshfield residents unable to participate in programs due to financial reasons may qualify for financial assistance, consideration upon written request. Scholarships and payment plans are available on a case-by-case basis. Contact the Recreation Department immediately to request financial assistance. Register in person or by mail. The on-line option is not available at this time.

## **Code of Conduct**

Proper behavior by all program participants is expected at all times. Participants shall show respect to peers and staff, refrain from foul language, and be respectful of equipment, supplies, and facilities. The Recreation Department reserves the right to terminate individuals who cannot exhibit proper behavior.

# REGISTRATION INFORMATION

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## On-Line - By Mail - In Person

People often ask “What is the best way to register to guarantee getting into a program?” There is no way to “guarantee” you get in a certain program. Remember, the program (s) that you are interested in will be of interest to many others. Choose the method most comfortable to you, and if a spot is not available please place your name on the wait list. In the event there are any changes we will contact you. No payment is collected if you are placed on a wait list. We suggest that you register for the program (s) you want as soon as possible. On-line Registration 24/7 is the PREFERRED METHOD and STRONGLY RECOMMENDED. Register from the comfort of your home, or a friends, or during a break at work. When you register on-line you will receive a receipt of your transaction. We also accept Mail In and Walk In registrations. Registration may be limited due to subject matter, space limitations and leadership ratio. We accept Cash, Check, Credit Card, (Master Card, Discover Card) and electronic check, (ACH). **Please Note:** The bank charges a 3% convenience fee for credit/debit transactions. The bank charges a .25 cent fee for electronic check transactions. If you have a question don't hesitate to call the office, 781-834-5543. Our recreation staff will be glad to help you during regular business hours.

**Marshfield Recreation Department Registration is ON-LINE starting April 8th, at 10:00 a.m.  
Okay, so how does this work??**

**Registration is on a first come - first served process.**

**Go to the Marshfield Recreation Department Website**

[www.townofmarshfield.org/government-departments-recreation.htm](http://www.townofmarshfield.org/government-departments-recreation.htm)

- \* **Click "On-line Registration."** You will go to the **Activity Registration Page.**
- \* **There will be 5 easy to follow steps. Follow the prompts.**
- \* **You will be prompted at the end to cash out or add more to cart, if you want to register more programs for that individual, continue to do so (their personal information will remain in all the original fields.)**
- \* **When prompted to cash out or add more to cart and you would like to register another member of your family, BE SURE TO CHANGE name, sex (if needed), and birth date to reflect the next family member accurately.**
- \* **Some of our programs have multiple ages, sessions and times, so please be sure to choose the right age, grade, session and time.**
- \* **Before finalizing your transaction, please check to be sure you registered for what you wanted.**
- \* **Print out your receipt/waiver at conclusion of registration if you like. Confirmations are emailed.**

**AGE OF PARTICIPANTS** - Participants must be the noted age by the first day of the session in which they are enrolled. **Birth certificates or physicals** are required for ALL children age 5 and under. Bring or mail a copy to the Recreation Office to have it recorded. This is a one-time only requirement. Registrations are not complete without a birth certificate or physical. If born while living in Marshfield, parents/guardians can obtain a copy at the Marshfield Town Clerk's Office.

**Wish List: *Let us help you clean out your closet, attic, cellar or garage!!***

Our department continues to look for additional equipment, supplies and expendables to enhance our community programs and facilities. Tennis balls, Nerf and playground balls, chess and or checker games, pencils, markers, plastic tablecloths, poster paper, rulers, scissors, gym, crayons, glue and craft materials are some of the items that we can always use.

If you or your children have outgrown any of the above, and the items are in good condition, give us a call. **Please do not leave items outside the Recreation Center or our Child Care Center at 14 Library Plaza.** If you have some computer knowledge and can spare a few hours, we have a computer at the Child Care Center that is in need of attention.

# SOMETHING FOR EVERYONE!

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The Marshfield Recreation Department offers programs, trips and special events year round. Our Community Brochure is published seasonally and provides information on our Fall, Winter/Spring and Summer programs (September, January, April). Save time and Go Green by registering for programs on-line! A limited number of brochures will be available at the Town Hall, Ventress Memorial Library, Denny's Barber Shop, Molisse Realty Group and Seaside Homes of Marshfield. To locate the brochure on our website, google Marshfield Recreation. Additional program information is published in the Patriot Ledger, Marshfield Mariner, The Marshfield News.com and the Community Cable Channel

## Volunteers/Interns

Volunteers assist in the office and may help with phone calls, program inquiries, marketing, fundraising and the business aspects of the department. Our site at Coast Guard Hill has many outdoor opportunities for volunteers, including gardening, masonry, landscaping, grass trimming, etc. Consider sharing your time, skills and knowledge with your local recreation department. A few hours a week can make a difference! Students who are seeking community service hours or community groups/organizations or individuals are encouraged to discuss how they may improve community programs/facilities through partnerships.

One person *can* make a difference — *you* can make a difference!!

## Don't Let A Good Program Die!!

Nothing kills a good program better than putting off registration until the last minute. All Recreation Department programs require a minimum number of participants to run successfully. Our programs require a high level of coordination including facility scheduling, staffing, and volunteer recruitment. Undersubscribed programs will be cancelled.

Don't procrastinate — participate!

## Gift Certificates Available!

Can't think of what to give the person who has it all? Give the gift of recreation! Recreation Department gift certificates are perfect for birthdays, holidays, or any occasion. Call us at (781) 834-5543 and our staff will design a certificate to meet your needs.

## Program Updates

Any changes to the brochure, including updates to our summer offerings (dates, times, cost, etc) will be posted to the website as they happen. As always, if you have any questions, please do not hesitate to contact the office.

## E-mail List!

Join our e-mail list and receive up-to-date information on programs, registrations, jobs and other important news. In your household account select Opt-In. It is easy to subscribe, you will stay current with latest events and best of all it is FREE! When you register for a program include your email address and choose Opt In.

## Find A Mistake!

Some people love to find errors, so we included a few in this brochure! A Recreation Department sweatshirt and mug will be awarded to the first caller to correctly notify us of an error. Limited to one (1) winner per brochure. The winner's name will be posted in an updated version of our summer community brochure and press release.

## After Hours?

Stop by the office after hours, on your way to or from work, or on a weekend? Don't worry, you can drop off your program payment, registration fee or other paperwork in our convenient drop box, located next to the front door! 24/7

## Returned Checks

Please note: There is a charge of \$25.00 for any returned check.

# SUMMER CONCERT AND ENTERTAINMENT SERIES ON THE GREENS

Enjoy the summer sounds as we continue with this community tradition. The performances will be held on the Town Green, adjacent to the Marshfield Town Hall and at the Village at Proprietors Green, Proprietors Way.

Audience members are encouraged to bring lawn chairs or blankets, as well as snacks and picnic baskets, (no alcohol) to complete the outdoor concert experience, and enjoy the summer sounds. The Sunday evening concerts will be held weather permitting. In case of rain we will attempt to reschedule the performance. For scheduling changes due to weather conditions listen to WATD 95.9 FM.

**July 14 THE CELTIC K'S (Town Green, Town Hall)**

**6:00 p.m.** The Celtic K's are a family band which specializes in a variety of Celtic/Irish style music. They perform many traditional Irish, Scottish, and Canadian maritime songs and a selection of instrumentals. The group features Joe on vocals and keyboards, Katie on fiddle and Paul on the drums. The Celtic K's have appeared at The Bailey and the Tinker's Son and The Tavern. They are a regular performer at the Marshfield Fair.



**July 21 FAMILY NIGHT (Town Green, Town Hall)**

**5:00 p.m.** A special guest performer. To Be Announced! At 6:00 p.m. we will welcome local favorites, **The Infractions**. This top-notch group and a local favorite return to the Town Green. Listen as they play hits from the 50's and 60's, Motown, R&B, Reggae, Swing Classic Ballads and more! Plan to arrive early and bring the kids so they can join in the traditional children's All Star Review! Meet the members of the Recreation Commission and staff and enjoy something tasty from our grill.



**July 28 RUSTY SKIPPER BAND (Proprietors Green)**

**6:00 p.m.** The Rusty Skipper Concert Band is a 40 piece concert band, which was formed in 1995 and is based in Cohasset. They play an entertaining pops-style program of marches, jazz, Broadway and light classical music. Songs include: Stars and Stripes Forever, 76 Trombones, I Dreamed A Dream, from Les Miserables, as well as other marches, a polka, Latin and jazz selections.

*We appreciate the continuing assistance of the Board of Selectmen and the Department of Public Works. The use of the Town Green is through the courtesy of the Marshfield Historical Commission.*

**August 4 JUMPIN' JUBA (Town Green, Town Hall)**

**6:00 p.m.** This trio plays a roots-y mix of blues, New Orleans/Memphis rock, and boogie-woogie. Performing traditional, original and selected cover tunes most people will know. Jumpin' Juba's sets are a mix of American blues-based classics, as well as a mix of old time jazz, and a grab bag of popular tunes in various styles (as in Tex-Mex, Hawaiian, and Caribbean. J.J. is constantly adding new material. Simple put, "People Listen and People Dance!"

This series is supported in part by a grant from the Marshfield Cultural Council, a local agency supported by the Massachusetts Cultural Council, a state agency, donations and sponsorships.

\* Family Night is supported in part by Shaw's Supermarkets.

***Friends of the Concert and Entertainment Series***

If you or your business would like to help sponsor an evening on the Town Green, please contact the Recreation Department (781) 834-5543, or e-mail nbangs@townofmarshfield.org.

## TRIPS / OUTINGS

### THE BOSTON POPS “A Country Salute To Our Troops”

**WHO:** All (students welcome with an adult)  
**WHEN:** Friday, June 14, 2013  
**WHERE:** Symphony Hall, Boston  
**FEE:** Cost \$66.00 p.p.



On Reg. Form: [List Boston Pops](#)

Come celebrate our troops with a country twang in this powerful patriotic program honoring the men and women who defend our freedom each and every day. Songwriters from Music City Hitmakers Brett James and Hillary Lindsey perform and share the stories behind some of the biggest hits they have penned for today’s hottest Pop-Country stars, including Kenny Chesney, Carrie Underwood, Kelly Clarkson and more!

The bus will leave from the Recreation Child Care Center, 14 Library Plaza at 6:00 p.m. sharp for the 8:00 p.m. performance. This program typically sells out. The cost will include 1st Balcony seating and transportation.



### BOSTON POPS HYANNIS

**WHO:** All (students welcome with an adult)  
**WHEN:** Sunday, August 11, 2013  
**WHERE:** Hyannis Village Green, Hyannis, MA  
**FEE:** \$139.00 p.p.

On Reg. Form: [List Boston Pops Hyannis](#)

Enjoy the 28th Annual “Pops by the Sea”, on the Hyannis Village Green. This day trip will include: Deluxe air conditioned, lave-equipped motor coach. We will dine at Bailey’s Surf “n” Turf Restaurant. Choice of Entrée: **Select one.** Classic Chicken Parmigiana, Home-made Pot Roast or Scrod Neptune. (call for complete meal details). After lunch we will enjoy a narrated cruise on the Cape Cod Canal. We have reserved seating at the Hyannis Village Green for the Boston Pops Esplanade Orchestra, featuring Maestro Keith Lockhart and a celebrity guest conductor. Pre-show entertainment will feature prominent local musical performers prior to the main performance by the Pops Orchestra.

Depart from the Recreation Child Care Center, 14 Library Plaza at 8:30 a.m., return early evening. Please note any health restrictions.

### CASCO BAY, PORTLAND, MAINE

**WHO:** All (students welcome with an adult)  
**WHEN:** Sunday, August 25, 2013  
**WHERE:** Portland, Maine  
**FEE:** \$79.00 p.p.  
On Reg. Form: [List Portland, Maine](#)

The Gulf Islands are also called the Calendar Islands, based on the myth that there are 365 of them! The islands have a rich history, including abandoned military fortifications dating from the War of 1812 through WW II. Our one day tour will feature the following: Round trip deluxe motor coach transportation with an early morning departure, and late afternoon return. Participants will enjoy an “All You Care to Eat Buffet” with over 100 items at the Dunstan School Restaurant, a 90 minute narrated cruise of Casco Bay on the Bay View Lady as well as time for shopping and browsing the water front shops of Portland, Maine.

Our motor coach will depart from the Recreation Child Care Center, 14 Library Plaza, early morning (Time TBA)

Please note any health restrictions.



**Trip Policy** - Participants are asked to meet at the designated location 15 minutes prior to scheduled departure time; once the bus arrives we will conduct attendance, review the trip, wait five (5) minutes and then leave. There are no refunds if you miss the bus. Students are welcome when accompanied by an adult. Tickets are not refunded unless someone can take your place.

## TRIPS / OUTINGS

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### MARTHA'S VINEYARD

**WHO:** All (students welcome with an adult)

**WHEN:** Sunday, September 15, 2013

**WHERE:** Martha's Vineyard

**FEE:** \$79.00 p. p.

**On Reg Form:** List Martha's Vineyard

Enjoy a full day of exploring Martha's Vineyard. This trip will include: Transportation via Deluxe air conditioned, lave-equipped motorcoach, with a 9:00 a.m. departure and early evening return. Round trip Ferry transportation on the Island Queen, a tour of Martha's Vineyard with a native guide, lunch (on your own) and time for shopping and browsing local stores. Upon return to the mainland we will enjoy dinner at the Old Country Buffet in North Dartmouth, MA., before our return to Marshfield.

Depart from the Recreation Child Care Center, 14 Library Plaza at 9:00 a.m., returning early evening.



### THE BOSTON CELTICS

**WHO:** Adults, (students welcome when accompanied by an adult)

**WHEN:** T.B.A.

**WHERE:** The Boston Garden

**FEE:** Cost T.B.A.

**On Reg Form:** List Boston Celtics



The Fun is Back! Enjoy a Boston Celtics basketball game this season at the Boston Garden. A great family event that is sure to sell out. We'll leave from the Recreation Child Care Center, 14 Library Plaza. Details will be available late September.

**Trip Policy**—Participants are asked to meet at the designated location 15 minutes prior to scheduled departure time; once the bus arrives we will conduct attendance, review the trip, wait five (5) minutes and then leave. There are no refunds if you miss the bus. Students are welcome when accompanied by an adult. Tickets are not refunded unless someone can take your place.

### MAINE OUTLET SHOPPING

**WHO:** All (students welcome with an adult)

**WHEN:** T.B.A. Fall 2013

**WHERE:** Kittery and Freeport, Maine

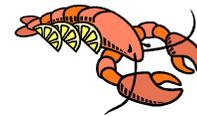
**FEE:** \$49.00 p.p.

**Registration start date TBA**



This fall we will travel to Maine for a full day of browsing, shopping, eating, window watching and yet more shopping and eating. The Maine outlets have it all. A great time for birthday or holiday shopping or better yet, why not treat yourself to that perfect gift. Sit back, relax and enjoy the day.

Out motor coach will leave from the Recreation Child Care Center, 14 Library Plaza in the morning and return early evening.



### SPRING 2014 TRIPS

Many of our programs and trips area result of resident requests. We are reviewing various spring and summer 2014 travel opportunities. If you have a trip which you enjoyed and you think that it may be popular with our residents let us know. We are always interested in hearing from you.

My suggestion is .....

Thank you for your suggestions!



# LICENSED SCHOOL AGE PROGRAM

## EXTENDED DAY PROGRAM

Pre-Registration 2013-2014 School Year

**WHO:** Boys and Girls, Grades K –5 (students new to the program)

**WHEN:** 2013-2014 school year **This program is MAIL IN only!**

**WHERE:** Governor Winslow, Martinson and Eames Way Schools, and Recreation Child Care Center

**FEE:** \$30 per student, non-refundable unless program is full.  
**(Mail In Only Pre-registration, starts Wednesday, June 5, 2013)**

Licensed by The Department of Early Education and Care, for Marshfield students in grades K-5. The program operates during the school year, (including early Thursdays) from school dismissal until 6:00 p.m., from the first day of school until the last full day of school. On-site programs are offered at the Gov. Winslow, Martinson and Eames Way Schools and at our Recreation Child Care Center, located at 14 Library Plaza, (serves South River and Daniel Webster students). Students are bussed from Daniel Webster and South River to the Child Care Center.

Please indicate your child's school, number of days and days preferred. Limited to 26 students per day.

### **\*\*REGISTRATION FOR NEW STUDENTS WILL BEGIN WEDNESDAY, June 5\*\***

**This program is MAIL IN only!**

**This program is MAIL IN only!**

#### **\*\*Wait List information \*\***

Old wait lists are discarded when NEW registration begins. When a program site is full a NEW wait list is established. **On Reg Form:** List Pre-Reg and School

School	School
Martinson	Daniel Webster
Eames Way	South River
Governor Winslow	

*Monthly cost, per person, 10% discount for the second child, same family:*

One day a week, per month	\$ 111.00 month
Two days a week, per month	\$ 222.00 month
Three days a week, per month	\$ 233.00 month
Four days a week, per month	\$ 250.00 month
Five days a week, per month	\$ 270.00 month



School year activities include: monthly newsletter, homework assistance, arts & crafts, sports, table games, group activities, outdoor and indoor time, special events and student choice.

Separate December, February & April Vacation Clubs are offered to all Marshfield children in grades K through 5 at the Recreation Child Care Center, 14 Library Plaza for an additional fee based on demand.

**STAFF:** Supervised by experienced individuals who meet or exceed E.E.C. requirements. H.S. , college and older, certified in CPR and First Aid. Staff student ratio not to exceed 1:13. All program staff receive professional training / development throughout the school year.

**Registration received prior to June 5 will be mailed back to the owner.**

# PRE - SCHOOL FUN

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## EXPLORE POND LIFE/BUGS

**WHO:** Co-ed, ages 4-6  
**WHEN:** Session 1 July 8 - 12 (9:00 a.m.- 12:00 p.m.)  
Session 2 July 8 - 12 (1:00 p.m. - 4:00 p.m.)  
**WHERE:** Recreation Center - 900 Ferry Street  
**FEE:** \$92.00 p. p. Min. 12 - Max. 15  
**On Reg Form List** Program, Session, Date and Time  
**STAFF:** Ms. Kay Bilas, Lead Teacher for Pudding Hill Pre-School and Recreation Department Site Coordinator at the Martinson Elementary School, along with friendly guest staff and volunteers.

Learn about the life cycle of frogs, make pond creatures, go on a bug hunt, enjoy songs, finger play, and stories! Creative play as Kings and Queens. Children should bring a healthy, peanut-free snack, drink and sneakers! Students must be toilet trained. Pre-school experience preferred.

## EXPLORE BIRDS AND OCEAN CREATURES

**WHO:** Co-ed, ages 4-6  
**WHEN:** Session 1 July 15 - 19 (9:00 a.m. -12:00 p.m.)  
Session 2 July 15 - 19 (1:00 p.m. - 4:00 p.m.)  
**WHERE:** Recreation Center - 900 Ferry Street  
**FEE:** \$92.00 p. p. Min. 12 - Max. 15  
**On Reg Form List** Program, Session, Date and Time  
**STAFF:** Ms. Kay Bilas, Lead Teacher for Pudding Hill Pre-School and Recreation Department Site Coordinator at the Martinson Extended Day Program, along with friendly guest staff and volunteers.

Children will enjoy rhythm, songs, special creature snacks. And creative play as Pirates and Treasure Hunters. We will explore bird sounds and habitats. Children should bring a healthy, peanut-free snack, drink and sneakers! Students must be toilet trained. Pre-school experience preferred.

## MOVEMENT, MUSIC AND MORE!

**WHO:** Co-ed, ages 3-5  
**WHEN:** Session 1: July 22-26 (9 a.m.-12 p.m.)  
Session 2: July 29 - August 2 (9 a.m.-12 p.m.)  
**WHERE:** Recreation Center - 900 Ferry Street  
**FEE:** \$92.00 p. p. Min. 12 - Max. 15  
**On Reg Form List** Program, Session, Date and Time  
**STAFF:** Recreation staff and friendly volunteers

Enjoy a morning of games, crafts, music, nature and more! Each day will have a theme and include a short story. Children will explore the marsh, woods and fields of Coast Guard Hill in a positive and supportive environment. Children should bring a healthy peanut-free snack, drink and sneakers. Students must be toilet trained.

## Lil' GARDENERS

**WHO:** Co-ed, ages 3-6  
**WHEN:** August 5 - 9 (9 a.m.- 12 p.m.)  
**WHERE:** Recreation Center - 900 Ferry Street  
**FEE:** \$92.00 p. p. Min. 10 - Max. 12  
**On Reg Form List** Program and Date  
**STAFF:** Ms. Heidi Gorham, a long-time Recreation staff, along with friendly guest staff and volunteers.

Celebrate the joy of gardening with Marshfield Recreation. We will use our very own Little People's organic gardens, a 4 x 8 foot raised-bed as well as a 2 x 2 multi level garden. The day will include songs, stories, garden activities, theme experiments, free play, snack, and actual work in the garden. Healthy eating habits will be discussed as the children learn the importance of "feeding" our plants with compost, and keeping them healthy by weeding and watering using water collected in our rain barrels. In addition, the children will create their very own mini-garden (sunflower or vegetable) to take home at the end of the week.

All materials will be provided. Children should plan to wear comfortable clothes and be ready to have some fun! Bring a healthy, peanut-free snack, drink and sneakers. Students must be toilet trained.

## BUSY BEES

**WHO:** Co-ed, ages 3-6  
**WHEN:** Session 1 August 12-15 (9:00 a.m. -12:00 p.m.)  
Session 2 August 19-22 (9:00 a.m.- 12:00 p.m.)  
**WHERE:** Recreation Center - 900 Ferry Street  
**FEE:** \$85.00 p. p. Min. 7 - Max. 9  
**On Reg Form List** Program, Session, Date and Time  
\*Sign up for both weeks, Cost \$130.00  
*If you register for two weeks, reg. by Mail or Walk In*

**STAFF** Ms. Kim Bouressa, Daniel Webster School Special Education Teacher for the Marshfield Integrated Pre -School Program and long-time Recreation staff, along with friendly guest staff.

This program is designed for children ages 3-6 years old who have moderate to severe special needs and require intensive instruction, support and supervision to participate in recreation activities. Busy Bees gives your child the opportunity to exert their energy and learn new skills in a fun and safe environment. This is an active program that includes games, songs, activities, and a chance to discover nature within a highly structured program. All of the paid staff are trained in working with special needs children. **Please Note:** The site has a fenced-in play area.

\*\*Special thanks to the Edwin Phillips Foundation for helping to underwrite this program.



# BIG FISH, LITTLE FISH

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Add some extra fun to your summer, enjoy a morning of adventure and discovery with your child! Ecology programs at the Duxbury Bay Maritime School, 475 Washington Street, Duxbury, MA. These one day parent and student classes are offered by the good folks at the Duxbury Bay Maritime School. All classes include a hands-on lesson with a take home packet, theme related story, craft and snack. Classes are held rain or shine, so be prepared for the weather. (Please no younger siblings)

## SHALL WE SHELLFISH

**WHO:** Co-ed, ages 3-6 w/ Parent/Guardian  
**WHEN:** Tuesday, July 16, (10 a.m.-11:30 a.m.)  
**WHERE:** Duxbury Beach across the bridge.  
**FEE:** \$35.00 per child Min. 2 – Max. 5

**On Reg Form List [Program and Date](#)**

**STAFF:** D.B.M.S. Teaching Staff  
When the tide is out, creatures are about! Learn how to dig for clams and uncover the hidden mysteries of Duxbury Bay. Drive over the bridge, turn left and go to the end of the parking lot. Look for DBMS truck and ecology staff in green shirts.

## SALT MARSH SECRETS

**WHO:** Co-ed, ages 3-6 w/ Parent/Guardian  
**WHEN:** Tuesday, July 30, (10 a.m.-11:30 a.m.)  
**WHERE:** 28 Crescent Street down a long dirt driveway.  
**FEE:** \$35.00 per child Min. 2 – Max. 5

**On Reg Form List [Program and Date](#)**

**STAFF:** D.B.M.S. Teaching Staff  
Explore the wonders of Atlantic tide pools, home of horseshoe crabs, snails, sand dollars and more.

**Please Note:** This class meets at 28 Crescent Street down a long dirt driveway.

## BIRDS OF THE BAY

**WHO:** Co-ed, ages 3-6 w/ Parent/Guardian  
**WHEN:** Monday, July 8, (10 a.m.-11:30 a.m.)  
**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.  
**FEE:** \$35.00 per child Min. 2 – Max. 5

**On Reg Form List [Program and Date](#)**

**STAFF:** D.B.M.S. Teaching Staff  
Bring binoculars if you have them and join us for a bird watch boat ride! The class will feature lessons on a variety of birds found near Duxbury Bay. Class meets at DBMS.

## LOVE A LOBSTER

**WHO:** Co-ed, ages 3-6 w/ Parent/Guardian  
**WHEN:** Wednesday, July 24, (10 a.m.-11:30 a.m.)  
**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.  
**FEE:** \$35.00 per child Min. 2 – Max. 5

**On Reg Form List [Program and Date](#)**

**STAFF:** D.B.M.S. Teaching Staff  
Take a boat ride, pull up a lobster trap and learn all about these creatures. Class meets at DBMS.

## OYSTERS R US

**WHO:** Co-ed, ages 3-6 w/ Parent/Guardian  
**WHEN:** Tuesday, August 6, (10 a.m.-11:30 a.m.)  
**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.  
**FEE:** \$35.00 per child Min. 2 – Max. 5

**On Reg Form List [Program and Date](#)**

**STAFF:** D.B.M.S. Teaching Staff  
Take a boat ride and learn first-hand how an oyster is grown and harvested in Duxbury Bay. Class meets at DBMS.

## SURPRISING SEA CREATURES

**WHO:** Co-ed, ages 3-6 w/ Parent/Guardian  
**WHEN:** Wednesday, August 7, (10 a.m.-11:30 a.m.)  
**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.  
**FEE:** \$35.00 per child Min. 2 – Max. 5

**On Reg Form List [Program and Date](#)**

**STAFF:** D.B.M.S. Teaching Staff  
Meet the wonderful creatures that call the ocean home using our touch tanks. Class meets at DBMS.

**GO GREEN - and save time. REGISTER ON-LINE**

## TOT JAM (Free Class)

**WHO:** Co-ed, ages 2 - 3  
**WHEN:** Monday, June 17, 5:00 - 6:00 p.m.  
**WHERE:** Recreation Center - 900 Ferry Street  
Mini Field, by the office  
**FEE:** FREE!, but you must register.  
Min. 8 - Max. 20

**On Reg Form List** [Program and Date](#)

**STAFF:** Thundercat Staff will lead this program

Thundercat Sports mini version of our popular Sports Jam! In this program kids will participate with a parent or guardian. Sports include t-ball, soccer, basketball, softee hockey, tag games, and kick ball. Basic skills and concepts will be taught, and the emphasis will be teaching kids the concept of playing a sport. Games and other activities sprinkled in include – finding the Nemo, Car Lot, You’ve Got Mail, Shark Attack, Thunder relays and more! This program is designed to be fun for both child and parent, and is an excellent bonding experience.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

## SPORTS JAM (Free Class)

**WHO:** Co-ed, ages 4 - 6  
**WHEN:** Monday, June 17, 6:00 - 7:00 p.m.  
**WHERE:** Recreation Center - 900 Ferry Street  
Mini Field, by the building  
**FEE:** FREE!, but you must register.  
Min. 8 - Max. 20

**On Reg Form List** [Program and Date](#)

**STAFF:** Thundercat Staff will lead this program

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

## TOT JAM (5 Week Class)

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**WHO:** Co-ed, ages 2 - 3  
**WHEN:** Mondays, July 8 - August 5  
5:00 - 6:00 p.m. (5 weeks)  
**WHERE:** Recreation Center - 900 Ferry Street  
Mini Field, by the office  
**FEE:** \$65.00 p.p.  
Min. 10 - Max. 20

**On Reg Form List** [Program and Date](#)

**STAFF:** Thundercat Staff will lead this program

Thundercat Sports mini version of our popular Sports Jam! In this program kids will participate with a parent or guardian. Sports include t-ball, soccer, basketball, softee hockey, tag games, and kick ball. Basic skills and concepts will be taught, and the emphasis will be teaching kids the concept of playing a sport. Games and other activities sprinkled in include – finding the Nemo, Car Lot, You’ve Got Mail, Shark Attack, Thunder relays and more! This program is designed to be fun for both child and parent, and is an excellent bonding experience.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

## SPORTS JAM (5 Week Class)

**WHO:** Co-ed, ages 4 - 6  
**WHEN:** Mondays, July 8 - August 5  
6:00 - 7:00 p.m. (5 weeks)  
**WHERE:** Recreation Center - 900 Ferry Street  
Mini Field, by the building  
**FEE:** \$65.00 p.p.  
Min. 10 - Max. 20

**On Reg Form List** [Program and Date](#)

**STAFF:** Thundercat Staff will lead this program

Play, play, and play some more...the ultimate multi-sport program! Basketball, T ball and soccer will be core sports in which some skills will be emphasized. But that's not all. Other sports mixed may include Volleyball, dodge ball, disc golf, ultimate frisbee, whiffle ball, and kick ball. Unique games such as shark attack and safari will also be played.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile and comfortable clothes to run around in.

## KIDDIE CAT JAM

**WHO:** Co-ed, ages 3 - 6

**WHEN:** June 25 - June 28, 9:00 a.m. - 12:00 p.m.  
or 12:15 p.m. - 3:15 p.m.

**WHERE:** Recreation Center - 900 Ferry Street  
(field at the bottom of the hill)

**FEE:** \$105.00 p. p. Min. 8 - Max. 15 per session

**On Reg Form List** Program, Date and Time

**STAFF** Thundercat Staff will lead this program

Thundercat Sports mini version of our popular Sports Jam! Soccer will be a core sport played everyday in which basic skills will be emphasized. Other sports include t-ball, basketball, softee hockey, and kick ball. Games and other activities sprinkled in include – finding the Nemo, Sponge Bob tag, shark attack, thunder relays, Kiddie Cat Olympics, and more. Theme days, including Red Sox Day and Friday Fun Day, add to the excitement creating a non-competitive positive sports experience your child will love. Emphasis will be on basic skills, developing eye-hand coordination, teamwork, and FUN! Program is coed, and every participant receives a t-shirt.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile.

## LITTLE KICKERS SOCCER

**WHO:** Co-ed, ages 3 - 6

**WHEN:** Session 1, June 25 - June 28, Tues - Fri  
9:00 a.m. - 10:00 a.m. FEE: \$60.00 p.p.

**WHERE:** Gov. Winslow School  
Also

**WHEN:** Session 2, August 19 - August 23, M - F  
9:00 a.m. - 10:00 a.m. FEE: \$75.00 p.p.

**WHERE:** Recreation Center, 900 Ferry Street

Min. 10 – Max. 30 participants

**FEE:** \$60.00 p.p. for Session 1 (4 days)  
\$75.00 p.p. for Session 2 (5 days)

**On Reg Form List** Program, Session and Date

The Little Kickers program will be led by PTUSA's fully qualified and experienced international staff, and will provide players with a fun and safe introduction to the game of soccer allowing players to build self-esteem while falling in love with the game.

## T BALL

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**WHO:** Co-ed, ages 3 - 6

**WHEN:** July 8 - 12, 9:00 a.m. - 12:00 p.m.

**WHERE:** Recreation Center - 900 Ferry Street  
Mini Field, by the building

**FEE:** \$105.00 p. p. Min. 8 - Max. 16 per session

**On Reg Form List** Program, Date and Time

**STAFF** Thundercat Staff will lead this program

What better way to learn America's favorite pastime than with the enthusiastic coaches at Thundercat Sports! Kids in the T-ball program will be taught the basics of base-running, hitting, and fielding through fun and engaging games and activities. In between learning the skills, we will sprinkle in fun tag games and other physical activities to keep the kids engaged and having a blast. Red Sox day, and our end of the week Home Run Derby add to the fun! Program is co-ed and each participant receives a t-shirt.

Bring a healthy, peanut-free snack along with a water bottle or two and a smile.



## COMMUNITY PLAYGROUP

**WHO:** Co-ed, ages 0-5

**WHEN:** Session 1, Mon, Tues. and Wed. July 1-3  
9:00 - 10:30 a.m.  
Session 2, Mon, Tues. and Wed. July 1-3  
10:30 - 12:00 p.m.

**WHERE:** Recreation Center, 900 Ferry Street  
Min. 4 – Max. 12 participants

**FEE:** FREE\* No cost, but you must register.

**On Reg Form List** Program, Session and Date

**Staff:** Facilitated by Deb Worsh, Marshfield Public Schools  
Early Childhood Outreach Coordinator

**\*Sign Up with Deb Worsh\***  
781-834-5043  
[dworsh@mpsd.org](mailto:dworsh@mpsd.org)

Bring a healthy, peanut-free snack along with a water bottle or juice box and a smile.

## LEARN TO SKATE

**WHO:** Co-ed, ages 3 - 6

**WHEN:** Tuesdays, June 25 - August 13 4:40 p.m. -5:20 p.m.

**WHERE:** Armstrong Arena (103 long Pond Road) Plymouth

**FEE:** \$109.00 p.p.

**On Reg Form List** [Program, Date and Time](#)

**STAFF** FMC Sports Staff



Instructors use songs, games, toys and other fun methods to cater to the learning styles and development of young skaters. 3 to 4 year olds are separated from 5 to 6 year olds initially, but are grouped together in Tot levels 1-3. Classes include group instruction and supervised free skate. A helmet, such as a bike helmet or HECC helmet is required. Skates are provided on a first come first serve basis.

We are pleased to bring a learn to skate program back to Marshfield

Levels offered: **REG. Start date TBA**

**PreTot** - Beginners ages 3-4

**Tot 1** - Ages 3-4 skaters who passed Pre Tot & Beginners ages 5-6

\*skaters must be at least three years old and potty trained.

A limited number of skate rentals are provided on a first come basis and are included in the cost of the program. (double blade skates are not permitted.)

## MOM AND ME HULA HOOP CLINIC

**WHO:** Co-ed, Ages 5-7

**WHEN:** Mondays, 9:00 a.m. - 9:45 a.m.  
July 8th - 29th (4 weeks)

**WHERE:** Marshfield Recreation Center, 900 Ferry Street  
(meet in the parking lot)

**FEE:** \$25.00 p.p. Min. 4 - Max 10.

**On Reg Form:** [List Program, Days and Time](#)

**Instructor:** Tiffany Hawco - MHS graduate and long time student of Hula Hooping. Tiffany has attended several Hula Hoop workshops, she makes her own hula hoops and if is often found hooping at the local beaches.

The hooping class will introduce and educate younger children and mom's (or dad's) as a method of fun and exercise with hula hoops. This is done through a series of work outs, dances, and games. Hula hooping is great for eye-hand coordination, and spatial awareness. If all people hula hoop we can be healthier and happier. So join us and lets start hooping.

Students should bring a water bottle and a positive attitude. Wear loose clothing, and bring a hula hoop. No hula hoop, worries, we will provide you with one.

## MUNCHKIN TENNIS

**WHO:** Co-ed, ages 4 - 6

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**WHEN:** Monday, Tuesday and Wednesday, August 5-7  
11:00 a.m. - 12:00 p.m. (Thurs/Fri reserved for rain make up)

**WHERE:** Gov. Winslow School (rear blacktop)

**FEE:** 20.00 per person Min. 6 Max 12

**On Reg Form List** [Program, Date and Time](#)

**STAFF** Gary Pina -President and CEO of USTA New England, the Director of Falmouth Community Tennis for over 25 years and now the Director the Green Harbor Tennis Academy. Gary brings a wealth of knowledge and experience teaching tennis to new and seasoned players.

Our young students will be exposed to the life long sport of tennis. Smaller courts, and larger racquets and balls will increase success and skill development. Instruction will focus on skill introduction and volleying in a positive and supportive environment.

## LET'S TALK SPANISH with our ESPAÑOL DIVERTIDO!

**WHO:** Co-ed, 3-6

**WHEN:** Tuesdays, July 22 - August 12 (4 weeks)  
Session1: Ages 3 - 4, from 1:00 p.m. - 2:00 p.m.  
Session2: Ages 5 - 6, from 2:05 p.m. - 3:05 p.m.

**WHERE:** Marshfield Recreation Center, 900 Ferry Street

**FEE:** \$80.00 p.p. Min. 3 - Max 5

**On Reg Form:** [List Program, age and Time](#)

**Instructor:** Alejandra West - is a Spanish and Preschool teacher who is Early Childhood certified.

Children are naturally efficient language learners with a great capacity to learn a second language. During this four week program, students will participate in interactive games, music and movement activities, and arts & crafts projects that center around a specific theme. The students will learn basic language skills to supplement the vocabulary linked to each theme.

No experience or knowledge of Spanish or any other foreign language is required. Students should bring an interest in learning a new language/culture.

Bring a smile, bottle of water and a peanut free snack.

# YOUTH PROGRAMS

## HORSE CAMP

**WHO:** Boys & Girls Ages 5-14

**WHEN:** Mon., thru Fri. 9:00a.m. - 12:00p.m.

\*Session 1: June 25 - 28\*

Session 2: July 29 - August 2

Session 3: August 5 - 9

Furnace Brook Farm is a Massachusetts Licensed Riding Stable and Furnace Brook Horsemanship Camp is licensed through the State of Massachusetts as well as the Marshfield Board of Health.

**WHERE:** Furnace Brook Farm, 253 Sandy Hill Drive

Fee: \$300.00 Min.1 - Max. 12 per session

**On Reg. Form List Program, Date, and Session**

\*Fee for June 25-28, (4days) cost is \$240.00\*

**Instructors:** Erin Van Steenburgh and FBF Staff

The summer horse camp is offered to children ages 5 and up. During this week long program participants will learn about the daily care, grooming, and horse safety, as well as tacking up the horse to ride. Each camper receives a private riding lesson each day of camp with a licensed riding instructor and veteran horse. A great introduction to the fun of horses and riding! Campers are encouraged to bring shorts to change into and a water bottle. Long pants and heeled boots must be worn. Helmets are provided as well as snack. (snacks are peanut free).



Please Note: Camps require a copy of the most recent physical and immunization dated within the past 24 months. Bring forms to FBF on the first day. If you do not have the form your child will not be allow to attend the program.

## TRIPLE THREAT BASKETBALL CLINIC

**WHO:** Co-ed entering grades 1 - 3

**WHEN:** Mon. - Thurs., July 29 - August 1.  
9:30 a.m. - 11:15 a.m.

**WHERE:** Daniel Webster School

**FEE:** \$100.00 p. p. Max. 20 players

**On Reg Form List Program, Time and Date**

**INSTRUCTOR:** Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals.

Instruction will focus on teaching age-appropriate basketball skills. Fundamentals covered will include dribbling, ball handling, passing, shooting, and defense. Players of all skill levels can benefit from the instruction. Each player will receive a ball and T shirt.

Players should bring a bottle of water and a peanut free snack!

Limited to 20 players.



## TRIPLE THREAT BASKETBALL CLINIC II

**WHO:** Co-ed, entering grades 4 - 6

**WHEN:** Mon. - Thurs., July 29 - August 1  
11:30 a.m. - 2:00 p.m.

**WHERE:** Daniel Webster School

**FEE:** \$100.00 p. p. Max. 20 players

**On Reg Form List Program, Time and Date**

**INSTRUCTOR:** Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals.

Instruction will focus on teaching age-appropriate basketball skills. Fundamentals covered will include dribbling, ball handling, passing, shooting, and defense. Players of all skill levels can benefit from the instruction. Each player will receive a ball and T shirt.

Players should bring a bottle of water and a peanut free snack!

Limited to 20 players.



## SKATEBOARD LESSONS

**WHO:** Co-ed, ages 5 - 11

**WHEN:** Mon. - Thurs.  
9:00 a.m. - 11:00 a.m.



**WHERE:** Uncle Bud Skate park

**FEE:** \$75.00 p. p. Limit of 12 students per class

**On Reg Form List** Program, Level and Session  
Mixed classes, students will be evaluated and placed appropriate level. Note experience on form

SESSION	DATE
1	July 8-11
2	July 15-18
3	July 22-25
4	July 29 -August 1
5	August 5-8
6	August 12-15
7	August 19-22

**Beginner** - The focus will be on how to push, turn Ollie, kick-turn and the basics of ramp skating.

**Intermediate** - Students will build on the basics and focus on taking their skills to the next level, learning tricks on various obstacles like rails, boxes, ramps and half pipes.

Thursday: Olympics, skateboard workshop and cheese pizza party.

Practice what you learn, with the optional **Parent Supervised** after-class group "Free Skate" 11:00 - 11:30 a.m.

**Required:** Skateboard, helmet, healthy drink and Peanut Free snack. Elbow pads and knee pads are recommended.

If rain cancels, make up is Friday, same time.

**STAFF:** Members of Luminare Surf & Skate Shop. If weather cancels, make up will be on Friday

Look for expanded clinics in the Fall!

## TEN AND UNDER TENNIS Page 20

**WHO:** Co-ed, ages 7 - 10

**WHEN:** Mon.- Thurs., August 5-9, 9:00 a.m. - 11:00 a.m.  
(Fri. reserved for rain make up)

**WHERE:** Gov. Winslow School (rear blacktop)

**FEE:** \$60.00 p. p. Min. 6 - Max 14



**On Reg Form List** Program and Date

**STAFF** Gary Pina –President and CEO of USTA New England, the Director of Falmouth Community Tennis for over 25 years and now the Director the Green Harbor Tennis Academy. Gary brings a wealth of knowledge and experience teaching tennis to new and seasoned players.

10 and Under Tennis is structured for kids to learn tennis and rally and play quickly in a way that is enjoyable and fun. Equipment and courts are sized appropriately and this makes the game more accessible and FUN by allowing kids to get involved right from the start.

Within the first hours of stepping on the court they are playing the game, rallying, learning the game and enjoying the game right from the start.

Look for additional tennis programs this fall!

## ADVENTURES IN SPACE

**WHO:** Co-ed, entering grades 1 - 5

**WHEN:** Monday, Tuesday, Wednesday and Friday  
July 1 - 5, 9:00 a.m. - 1:00 p.m. (no class 7/4)

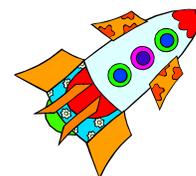
**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$90.00 p. p. Min. 10 - Max. 20

**On Reg Form List** Program, Time and Date

**STAFF:** Dave Heshion and Company

During this four day adventure students will: learn how rockets work and fly, students will build their own rocket. Explore the Solar System and create a star wheel for gazing. Discuss gravity and friction, Living and working in space, history and development of the Space Station, explore and understand the principles of flight and celebrate with a rocket launch. Perfect for the budding astronaut.



## ALL SPORTS WEEKS



## HULA HOOP WORKSHOP Page 21

**WHO:** Co-ed, entering grades 1-5 Sept. 2013  
**WHEN:** Mon.- Fri. 9:00 a.m.- 12:00 p.m.  
**WHERE:** Marshfield High School gym and field

**WHO:** Co-ed, Ages 8 – 12  
**WHEN:** Mondays, 6:00 - 7:00 p.m.  
 July 8th - August 5th (5 weeks)

SESSION	DATE	FEE
1	July 15 - 19	\$88.00 p.p.
2	July 22 - July 26	\$88.00 p.p.
3	July 29 - August 2	\$88.00 p.p.

**WHERE:** Marshfield Recreation Center, 900 Ferry Street  
 Meet n the parking lot.

**FEE:** \$30.00 p.p. Min.4 - Max 10.

### On Reg Form List Program, Session and Date

A week of the games you love to play: flag football, soccer, basketball, capture the flag, kickball, speed cup stacking, parachute and more! A variety of large group games will be played each day. Staff will stress good sportsmanship and fair play, while exposing students to new games. Wear sneakers. Bring plenty to drink, a healthy snack, sunscreen and lots of positive energy! **This is a peanut-free site.**  
 Min. 32 - Max. 40 students per session.

**Staff:** Mr. Rick Wheaton, Martinson Elementary School Physical Education Instructor and H.S. Coach along with select fun guest staff.

## SUMMER PLAYGROUND

Daniel Webster School



**WHO:** Co-ed, ages 5 - 11, (Must be 5 years old by July 1)

**WHEN:** Mon. - Fri. 9:00 a.m. - 12:00 noon

**WHERE:** Daniel Webster School

**FEE:** \$77.00 p.p. for 1week session (9:00 a.m. - 12:00 p.m.)  
 \$9.00 p.p. for 1 week of Morning Care (8:00 - 9:00 a.m.)  
 \$16.00 p.p. for 1 week Extended Care (12:00 - 2:00 p.m.)

Sign up for weekly sessions as well as Before or After Care.  
 Min. of 8 for Before Care. Min. of 13 After Care.

### **Trips!** Trips are offered on Wednesdays

Session 1: Rexhame Beach  
 Session 2: Bowling  
 Session 3: Rexhame Beach  
 Session 4: Bowling  
 Session 5: Rexhame Beach

### On Reg Form: List Program, Days and Time

**Instructor:** Tiffany Hawco - MHS graduate and long time student of Hula Hooping. Tiffany has attended several Hula Hoop workshops, she makes her own hula hoops and if is often found hooping at the local beaches.

The hooping class will introduce and educate children as a method of fun and exercise with hula hoops. This is done through a series of work outs, dances, and games. Hula hooping is great for eye-hand coordination, and spatial awareness. If all people hula hoop we can be healthier and happier. So join us and lets start hooping.

Students should bring a water bottle and a positive attitude. Wear loose clothing, and bring a hula hoop. No hula hoop, worries, we will provide you with one.

**Our Playground Staff:**are certified in CPR and First Aid. Staff include high school and college staff. Many of he staff are former playground participants. Staff/student Ratio not to exceed 1 to 10. Eager and fun volunteers (age 13-15) assist staff and students with daily activities.

**FOOD:** Each child brings his/her own healthy **Peanut-FREE** lunch/drink/snack.

**ACTIVITIES:** A daily schedule of planned activities will be offered, rain or shine each day. The schedule will include both active and quiet games, sports and crafts. Each session will offer special events, theme days, weekly Wednesday field trip and Friday pizza day. Limited to 30 students per session.

**On Reg. Form List Program, Session, Before or After Care and Date**

**TUITION INCLUDES:** One T-shirt (per summer) Field Trip, Pizza Day.

Please note T-shirt size on registration form. Youth L (14-16), Adult S (36-38), Adult M (40-42), Adult L (44-46).

SESSION	DATE	BEFORE CARE COST	CORE PROGRAM COST	AFTER CARE COST	TOTAL COST
1	July 8- July 12	\$9.00	\$77.00	\$16.00	
2	July 15 - July 19	\$9.00	\$77.00	\$16.00	
3	July 22- July 26	\$9.00	\$77.00	\$16.00	
4	July 29 - August 2	\$9.00	\$77.00	\$16.00	
5	August 5 - August 9	\$9.00	\$77.00	\$16.00	

## SIMPLY ART

**WHO:** Co-ed, ages 6-12  
**WHEN:** Session 1 July 8-12 M-F 9:00 a.m.-12:00p.m.  
Session 2: July 15-19 M-F, 9:00 a.m.-12:00 p.m.  
Session 3: July 22-26 M-F, 9:00 a.m. -12:00 p.m.

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$95.00 p.p. Min. 12 - Max. 16

### **On Reg. Form List Program, Session and Date**

**STAFF:** Ms. Diane Kane, Site Coordinator for the Recreation Department Extended Day program at the Martinson Elementary School, along with friendly guest staff and volunteers.

A leisurely summer program for students who enjoy creating art. Explore your creative side in a positive and supportive environment using a variety of mediums. An art exhibit for parents and the public will be held on the last day of class. Bring a healthy, **Peanut-Free** snack along with a water bottle or juice box.

**Note:** Students may make the same projects each week.



## NINJANEERING

with  
**LEGO®**

**WHO:** Co-ed, ages 5-7

**WHEN:** July 29 - August 2, M - F, 9:00 a.m. -12:00 p.m.

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$137.00 p.p. Min. 10 - Max. 24

### **On Reg. Form List Program, Date and Time**

**STAFF:** Play-Well TEKnologies Program Staff

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago. This is an ideal way to prepare young Ninjaneers for the challenge of Ninjaneering Masters.

## CHIRPY CRICKETS

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**WHO:** Co-ed, ages 6 - 15  
**WHEN:** Session 1: August 12 - 15, 9:00 a.m.-12:00 p.m.  
Session 2: August 19 - 22, 9:00 a.m.-12:00 p.m.

**WHERE:** Recreation Child Care Center  
14 Library Plaza

**FEE:** \$85.00 p. p. Min. 5 - Max. 12

### **On Reg. Form List Program, Session and Date**

\*Sign up for both weeks. Cost \$130.00

*If you register for two weeks, reg. by Mail or Walk In*

**STAFF:** Recreation Staff , along with friendly guest staff and volunteers.

This program is designed for children ages 6-15 years old who have moderate to severe special needs and require intensive instruction, support and supervision to participate in recreation activities. C.C. gives your child the opportunity to exert their energy and learn new skills in a fun and safe environment. This is an active program that includes games, songs, activities and a chance to discover nature within a highly structured program. The students will enjoy the air conditioned class room and the new fully accessible community playground. All of the paid staff are trained in working with special needs children.

\*\*Special thanks to the Edwin Phillips Foundation for helping to underwrite this program.

Plan to bring a healthy, **Peanut-Free** snack along with a water bottle or juice box.

## NINJANEERING MASTERS

with  
**LEGO®**

**WHO:** Co-ed, ages 8-11

**WHEN:** July 29 - August 2, M - F, 1:00 p.m. – 4:00 p.m.

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$137.00 p.p. Min. 10 - Max. 24

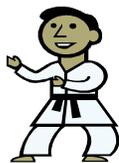
### **On Reg. Form List Program, Date and Time**

**STAFF:** Play-Well TEKnologies Program Staff

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced camp Ninjaneering masters will learn real world concepts in physics, engineering and architecture while exploring the fantasy world of Ninjago.



## KARATE KIDS



**WHO:** Boys & Girls, Grades K thru 5  
**WHEN:** Tuesday & Thursday 5:00 - 5:50 p.m.  
June 18 - June 27 (4 Classes)  
**WHERE:** Whidden's School of Fitness  
822 Webster St., Marshfield  
**FEE:** \$45.00 p. p. Min. 4 - Max. 12

### On Reg. Form List Program and Date

Class focus is on basic self-protection skills, discipline, and athletic conditioning in a fun and creative atmosphere. Advancement is possible with continued study. The style of karate is Kempo. Uniform required, purchase at WSF for \$30.00. Arrive 15 minutes early to first class.

**Instructor:** Master Roger Whidden  
Roger has been teaching Martial Arts since 1976. He has a black belt in Karate, a BS in Exercise Science, and MA's in Education and Counseling.

[www.whiddenschool.com](http://www.whiddenschool.com)

Offered to NEW students only

## FENCING



**WHO:** Ages 9 through Adult  
**WHEN:** Monday through Friday, July 8 - July 12  
**WHERE:** Daniel Webster School gym  
**FEE:** \$110.00 p. p. Min. 6 - Max. 14

### On Reg. Form List Program, Time and Date

New students: 9:00 a.m. - 11:00 a.m.  
Previous experience: 11:10 a.m.-1:10 p.m.

**Instructor:** Jim Mullarkey

3MB stands for Three (3) Mullarkey Brothers, Jack, Ed, and Jim, who began fencing in 1763 in Peabody, MA. Over the years, they have won many events, including the New England Interscholastic Championships, New England Championship, North Atlantic Sectional Championships, and the USA National Championships. Join the sport of intelligence and skill. Build self-confidence, coordination and mental aspect of 1 on 1. Fun and safe. All equipment provided. Wear sneakers, t-shirt and sweat-pants, no shorts.

**“LIVE, WORK, PLAY, MARSHFIELD”**

## ARCHERY CLASS

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**WHO:** Ages 8 to Adult  
**WHEN:** Monday - Thursday, August 12 - 15  
2:00 p.m. – 3:30 p.m.  
**WHERE:** The Archery Center, Corporate Park, Suite 380  
Pembroke, MA  
**FEE:** \$109.00 per person  
Min. 4 - Max. 10



### On Reg. Form List Program and Date

**Instructor:** David McCarthy, USAA Certified Instructor

Enjoy archery this summer with The Archery Center. Based on guidelines for USA Olympic Archery, students will learn to shoot in a small group with a certified coach. Perfect for students who are new or experienced. All equipment is provided.

Fall Archery. The class will run for six weeks starting in September. Details to follow.

## NO MORE EXCUSES Dog Training Class

**WHO:** Ages 10 to Adult  
**WHEN:** **Session 1** June 18 - July 9, Tuesdays,  
9:30 a.m. - 10:30 a.m.  
**Session 2** July 23 - August 13, Tuesdays,  
9:30 a.m. - 10:30 a.m.  
\*\* (first class meet at 9:10 a.m.)\*\*  
**WHERE:** Recreation Center, 900 Ferry Street.  
Meet in parking lot, course will use CGH.



**FEE:** \$100.00 p. p. Min. 3 Max. 5

### On Reg. Form List Program and Date

**Instructor:** Curt Akins, Animal Behavior College Dog Trainer

At the NO MORE EXCUSES class you and your dog will focus on walking on leash, polite greetings, (four on the floor, no jumping on people or other dogs,) paying attention and staying, incorporating higher distraction levels. This class is for dog-friendly and people-friendly dogs only. The use of a 4 or 6 foot leash is required. The use of a head halter (comfort trainer / gentle leader or halti brand is acceptable) or front-connect harness for training loose leash walking is required. Please contact PAWS-itively Obedient prior to start of class for info on pricing and sizing of your dog for one of these training aids at 617-413-1510. Certain brands are also available at local area pet stores also. Parents of children attending the class are requested to remain on the grounds to be available if needed. Make up class (in case of rain) TBD

# KLS TAEKWONDO

**WHO:** Boys and Girls, ages 5-12

**WHEN:** **Session 3** Monday - Friday, June 3 - 28  
Ages 5 - 8, 4:15 p.m. - 5:00 p.m.  
Ages 9 - 12, 5:00 p.m., - 5:55 p.m.

**Session 4** Monday - Friday, July 1-31 (no class 7/4)  
Ages 5 - 8, 4:15 p.m. - 5:00 p.m.  
Ages 9 - 12, 5:00 p.m., - 5:55 p.m.

**Session 5** Monday - Friday, August 1-30  
Ages 5 - 8, 4:15 p.m. - 5:00 p.m.  
Ages 9 - 12, 5:00 p.m., - 5:55 p.m.



**WHERE:** KLS Taekwondo, 26 Snow Road, Webster Square, (next to Shaw's/Star Market)

**FEE:** \$49.00 person Min. 1 - Max. 10 per class **On Reg Form:** List Program, Session, Month, and Time

**INSTRUCTOR:** KLS Staff: Kiho Seo, Kimun Jeong, Dongwon Lee

This class is for **FIRST TIME STUDENTS to KLS**. Uniform: A clean T shirt / sweat shirt and or sweatpants or shorts  
Parents are welcome to stay and watch from the viewing area. Students may attend as many days (M-F) as they wish during the month.

[www.klstaekwondo.com](http://www.klstaekwondo.com) for staff bios, directions and other program information

## CHESS WIZARDS

**WHO:** Boys and Girls ages 6 - 12

**WHEN:** Monday - Friday, August 5 - 9  
9:00 a.m. - 12:00 p.m. Min. 4 - Max. 12.

**WHERE:** Recreation Child Care Center, 14 Library Plaza.

**FEE:** \$145.00 p.p.

**On Reg Form List** Program and Date

**INSTRUCTORS:** Chess Wizards Staff



Students will enjoy an array of games and activities throughout the day led by the most energetic members of our staff. Activities include: Chess, Lessons, Puzzles, Wizard Says, Bug House, Mirror, Fisher, Take Me, Charades, Basketball, Soccer, Dodge Ball, and More!

Each child will also receive a Chess Board; which all of their new friends can sign on the last day of camp. In addition, each child will receive a trophy and the NEW Chess Wizards T-Shirt, plus a folder containing all of the puzzles that they completed at camp.

Students should bring a healthy drink (water) and a peanut free snack. This program is good for new and experienced players.

## LEARN TO BE A BLACKSMITH

**WHO:** Boys and Girls ages 10 - 14

**WHEN:** Tuesday, July 23, 2013  
9:00 a.m. - 11:30 a.m. Min. 4 - Max 8

**WHERE:** Heart and Hammer Blacksmith Shop  
On the grounds of the Winslow House, Webster Street, Marshfield

**FEE:** 15.00 p.p.

**On Reg Form List:** Blacksmith



**INSTRUCTOR:** Blacksmith Jim Fitzgerald has been offering blacksmithing demonstrations to school groups for over 20 years at the Heart and Hammer Blacksmith Shop on the grounds of the Historic Winslow House. Come join Jim for a morning of basic blacksmith training.

During this hand on class students will learn what it took to be a blacksmith and the many jobs and tools a blacksmith would use to serve the needs of Colonial Marshfield.

Students will have an opportunity to tour the Blacksmith Shop, become familiar with the tools and leave with a hand made souvenir of the day. Parents are welcome to attend the class and sample the tools at no additional cost.

Safety - Students could get burnt doing blacksmithing. Long pants and boots are required to work the forge.

# SAILING LESSONS

**WHO:** Co-ed ages 7 & up, limit 12 students per class

**WHEN:** M, T, W, TH 9 a.m. - 12 p.m. or 1 p.m. - 4 p.m.

**WHERE:** Green Harbor Yacht Club

**FEE:** \$95.00 p. p., includes GHYC Sailing work book and certificate. **\*All Day Sailing Week, cost is \$190.00 p.p.**

\*\* No Class  
Thursday,  
July 4



**On Reg. Form List Program, Session, Time and Date**

Session 1	Dates	Weekdays	Time
Beginner **	July 1 thru 5	M,T, W, F	9 a.m. to 12 p.m.
Mixed **	July 1 thru 5	M,T, W, F	1 p.m. to 4 p.m.
Session 2	Dates	Weekdays	Time
Beginner	July 8 thru 11	M thru TH	9 a.m. to 12 p.m.
Mixed	July 8 thru 11	M thru TH	1 p.m. to 4 p.m.
Session 3	Dates	Weekdays	Time
Mixed	July 15 thru 18	M thru TH	9 a.m. to 12 p.m.
Mixed	July 15 thru 18	M thru TH	1 p.m. to 4 p.m.
Session 4	Date	Weekdays	Time
<i>Intermediate*</i>	<i>July 22 thru July 25</i>	<i>M thru TH</i>	<i>9 a.m. to 4 p.m.</i>
Session 5	Date	Weekdays	Time
Mixed	July 29 thru Aug 1	M thru TH	9 a.m. to 12 p.m.
Beginner	July 29 thru Aug 1	M thru TH	1 p.m. to 4 p.m.
Session 6	Date	Weekdays	Time
<i>Mixed*</i>	<i>Aug 5 thru 8</i>	<i>M thru TH</i>	<i>9 a.m. to 4 p.m.</i>

## Mixed Class

Beginners are in one boat. Intermediate & Advanced students are in separate boats.

## STAFF:

Instructors are High School students and graduates, trained by GHYC Members.

Certified in First Aid and CPR

All participants must be able to swim 100 yards wearing a personal flotation device (PFD). Sneakers or boat shoes are required, bathing suit/nylon shorts recommended as you may get wet. Students provide their own U. S. Coast Guard approved PFD, (class III in good condition), along with a whistle and lanyard attached to your PFD. All staff and students shall wear a PFD while participating in the sailing program. Each boat, (Flying Scott) will have 1 instructor and up to 4 –5 students. . Cool drinks (water), hat, and sunscreen are recommended. Classes will meet on all scheduled days. In the event of inclement weather, land instruction will be offered with demo boats. If two or more on-water classes are cancelled due to weather, instructor (s) will arrange make-up day.

**Beginner:** Student who is new to the GHYC sailing program. Instruction includes: basic boat & sails, running rigging, crew responsibility, safety on the water, boarding a boat, sailing checklist, exercises, limited tiller time and ending the sail.

**Intermediate:** Student who has taken beginner class before with the GHYC. Instruction includes: basic boat & sails, running rigging, crew responsibility, boarding a boat, sailing checklist, exercises, and ending the sail with some of the advanced instructions.

**Advanced:** Includes basic sailing techniques, sail trim, reading the wind, apparent and true wind, points of the sail, communications, stopping the boat, sailing a triangular course, rescue, man overboard, and sailing in confined waters.

\* **Sail ALL Day!** \*

During the weeks of July 22 and August 5 students will sail in the morning, stop for a brown bag lunch, (student provides a healthy, peanut-free lunch and drink) read sailing material, rest up or perhaps play a staff led game and then sail again in the afternoon. Bring a change of clothing, towel and or extra clothes depending on weather.

## FIRST WAVE

**WHO:** Boys & Girls, age 7 - 9

**WHEN:** Monday through Friday, August 12 - 16  
9:00 a.m. to 1:00 p.m.

**WHERE:** Duxbury Bay Maritime School  
457 Washington Street, Duxbury

**FEE:** \$295.00 p. p.  
Min. 2 - Max. 3



**On Reg Form List** [Program and Date](#)

**STAFF:** D.B.M.S. Teaching Staff  
First Wave incorporates field studies, lab experiments, games and hands-on activities focused on both marine ecology and environmental awareness. First wave is taught by two instructors and utilizes a fifteen passenger van, which allows the class to become completely mobile. Field trips may include outings to Duxbury Beach, the salt marsh, or on one of DBMS's skiffs to pull a lobster trap! Be sure to bring a net to collect marine critters for the Ecology Lab's giant touch tank!

**Ecology programs meet rain or shine. Please dress accordingly.**

## TOWN WIDE SANDCASTLE / SCULPTURE CONTEST

*Celebrating 29 years of making your home your castle!!*

Enjoy this annual family event sponsored by Brian Molisse and The Molisse Realty Group. Categories for Families, Children, Youth and Adults! Prizes and fun for all.

**WHERE:** Rexhame Beach

**WHEN:** Saturday, August 3  
Rain date: Sunday, August 4

**TIME:** 10:30 a.m. - 1:00 p.m.

**On Reg Form List** [Program and Date](#)

Entry forms available starting July 16 at the Recreation Office, 900 Ferry Street, 781-834-5543, and at The Molisse Realty Group, 18 Snow Road, Marshfield at Webster Square. Call 781-837-5600 and ask for the Sand Castle King, Big John Cullen.



## SECOND WAVE

**WHO:** Boys & Girls, age 10 - 12

**WHEN:** Monday through Friday, August 19 - 23  
M, T, W, F, 9:00 a.m. to 1:00 p.m.  
**Thursday 8:30 - 4:00 p.m.**

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**WHERE:** Duxbury Bay Maritime School  
457 Washington Street, Duxbury

**FEE:** \$295.00 p. p. Min. 2 - Max. 3

**On Reg Form List** [Program and Date](#)

**STAFF:** D.B.M.S. Teaching Staff

The hands-on experience Second Wave provides creates a unique and fun learning environment. Students will gain an understanding of marine ecology, the interconnection between ecosystems and an appreciation for their local environment. The program includes lab experiments, field studies and activities all designed to enhance the student's understanding of marine science. Second Wave is taught by two instructors and utilizes a fifteen passenger van, which allows the class to become completely mobile, traveling to Duxbury Beach and beyond. A special extended field trip day includes a trip to Woods Hole, MA to explore the Woods Hole Oceanographic Institution and Marine Biological Laboratory.

## THIRD WAVE

**WHO:** Co-Ed, ages 13-15

**WHEN:** July 1-5, M, T, W, F. **No class 7/4**  
M, T, W, 9-1, F 8:30 - 4:00 p.m.



**WHERE:** Duxbury Bay Maritime School  
457 Washington Street, Duxbury

**FEE:** \$250.00 p. p. Min. 2 - Max. 3

**On Reg Form List** [Program and Date](#)

**STAFF:** D.B.M.S. Teaching Staff

Third Wave students will gain a deeper understanding of Duxbury Bay's unique marine environment. Studies in marine ecology and environmental science will be enriched through lab experiments, field studies and various hands-on activities. DBMS Ecology makes the most of its unique location by utilizing both Island Creek Oysters' hatchery and Battelle's Environmental Lab, our generous neighbors. Third Wave is taught by two instructors and utilizes a fifteen passenger van, which allows the class to become completely mobile, traveling to Duxbury Beach and beyond. A special extended field trip day includes a trip to Woods Hole, MA to explore the Woods Hole Oceanographic Institution, Marine Biological Laboratory, and Woods Hole Aquarium.

## DANNY'S JOURNEY

**WHO:** Co-ed, ages 6 and older

**WHEN:** Friday, July 12, (rain date July 26)  
Sail from 11:30 a.m. - 1:30 p.m.

**WHERE:** Green Harbor Yacht Club  
25

**FEE:** \$10.00\* per family (includes sailing, cookout and youth T shirt)

**On Reg. Form List** Program, Time and Date

**STAFF:** GHYC Staff and Friends

Danny's Journey provides sailing opportunities for students with special needs. Each sail boat will include up to 4 sailors (2 students and 2 parents /guardians) and a GHYC Sailing instructor. (5 in a boat) Students will have an opportunity to sail or sit back, relax and enjoy the fresh air. Additionally, volunteers will supply power boats for those who wish a larger boat, or do not want to sail.

Participants shall provide their own Coast Guard approved class three PFD, (whistle and lanyard). If you do not have one let us know, we have a limited supply. A water bottle, hat, sun glasses and sunscreen are strongly recommended. Dress for the weather, as with any water activity you may get wet. A long sleeve shirt / pants are recommended for those who are sensitive to the sun. All participants and families may enjoy a classic cookout from 12:30 p.m. – 1:30 p.m. (burgers, hot dogs, salad, chips, water and juice) Remember to bring a camera to capture those special moments

To help staff plan for a successful day, please describe the particular disability on the registration form.

\*Thanks to the generous support of the Dan Vigneau Scholarship fund.\*

## LEARN TO KAYAK

**WHO:** Co-Ed, Ages 8 - 16

**WHEN:** Mon, Tues, Weds. and Thurs.

**WHERE:** Plymouth Harbor at Brewer's Marine.  
All classes start from the dock.

**On Reg Form List** Program, Time and Date

**FEE:** \$105.00 p. p. Min. 2 - Max. 10 per class

DATE	TIME
July 29 - August 1	9:00 a.m. - 11:00 a.m.
July 29 - August 1	11:30 a.m. - 1:30 p.m.
July 29 - August 1	2:00 p.m. - 4:00 p.m.



## JUNIOR MOTOR BOATING

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**WHO:** Co-ed, ages 12 - 16

**WHEN:** Monday - Wednesday, July 1 - 3  
8:15 a.m. - 12:30 p.m.

**WHERE:** Duxbury Bay Maritime School  
457 Washington Street, Duxbury

**FEE:** \$170.00 p. p. Min. 2 - Max. 3

**On Reg Form List** Program and Dates

**STAFF:** DBMS Staff

Classroom and on-the-water! This 12.75 hour accelerated power boat handling class is designed for students who wish to obtain their motor boating safety certificate from the Commonwealth of Massachusetts in order to operate a motorboat without adult supervision. Your certificate will be NASBLA approved and USCG recognized. This course includes 2 hours of on-the-water instruction of practical boating knowledge and experience including engine systems, navigation and boating basics.

## ADVANCED KAYAKING

**WHO:** Co-Ed, Ages 10 - 16

**WHEN:** Mon, Tues, Weds. and Thurs.

**WHERE:** Plymouth Harbor at Brewer's Marine.  
All classes start from the dock.

**On Reg Form List** Program, Time and Date

**FEE:** \$110.00 p. p. Min. 2 - Max. 6 per class

DATE	TIME
August 19 - 22	9:00 a.m. - 11:00 a.m.
August 19 - 22	11:30 a.m. - 1:30 p.m.
August 19 - 22	2:00 p.m. - 4:00 p.m.

Learn advanced boat maneuvering, rescue techniques, and build paddling endurance during this four day workshop. Water shoes are required for all participants. All kayaking equipment is provided. If class is canceled by instructor due to wind/weather, make up is Friday.



This four day course will focus on kayak maneuvering, safety, and on-the-water-fun. The course takes place in the protected waters of Plymouth Harbor, and is taught by trained kayak staff. Water shoes are required for all participants. All kayak equipment, is provided by Coastal Kayak Educators. If class is canceled by instructor due to wind/weather, make up is Friday.

## SUMMER VOLLEYBALL STARS

**WHO:** Girls, grades 5 - 9, 2013-14 school year  
**WHEN:** Monday through Friday, July 22 - 26  
8:30 a.m. to 12:30 p.m.  
**WHERE:** Furnace Brook Middle School Gym  
**FEE:** \$90.00 p. p. Min. 30 - Max. 36

### On Reg Form List Program, and Date

**STAFF:** Mr. Al Mirabile, MHS Varsity Volleyball Coach along with several varsity players.

In this one-week clinic, girls will learn the fundamentals of volleyball. Players will begin with passing, setting and serving and progress to hitting, team offense and defense. Bring a healthy, peanut-free snack, drink, and sun block for outside play.

Note t-shirt size on registration form



## GROUP STAND UP PADDLEBOARD

**WHO:** Co-ed, ages 12 - 18

**WHEN:**  
Session 1, Saturday, June 22, 9:45 a.m. - 11:15 a.m.  
Session 2, Friday, July 26, 3:30 p.m. - 5:00 p.m.

**WHERE:** Duxbury Bay Maritime School, 457 Washington Street. Meet on the rowing dock to the left of the building

**FEE:** \$45.00 p. p. Min. 1 - Max. 3

### On Reg Form List Program, Session, Time and Date

Do you have guests visiting this summer and no idea how to entertain them? Are you hosting a family reunion and want to do something fun and different? Or, do you just want to spend some quality time with friends? We have 1.5 hour time slots reserved for Group SUP. We'll go out on the bay for a new, bonding experience. Plan ahead for your summer excursion today.

Dress for weather, bathing suite, towel, sun block, hat, sun glasses, bottle of water and a snack.

**Prerequisite: Must know how to swim**

## FIELD HOCKEY

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**WHO:** Girls, grades 5 - 9, 2013-14 school year  
**WHEN:** Monday through Thursday, August 5 - 8  
9:00 a.m. to 12:30 p.m.  
**WHERE:** Recreation Center, 900 Ferry Street  
Parking Lot  
**FEE:** \$82.00 p. p. Min. 12 - Max. 25

### On Reg Form List Program and Date

**STAFF:** Mr. Rick Fredericks, MHS Varsity Field Hockey Coach, along with several varsity players.

During this four-day clinic the staff will stress the fundamentals of Field Hockey including ball handling, shooting and passing. The clinic is geared to beginner and intermediate players with an emphasis on fun and skill development.

Remember to bring a healthy, peanut-free snack and drink. Players should protect themselves by applying sun block before practice. If rain cancels, make-up will be Friday. Mouth guards are required, bring a stick if you have one, a limited supply will be available.



## JUNIOR STAND UP PADDLEBOARD

**WHO:** Co-ed ages 12 - 18

**WHEN:** Mon - Wed.  
Session 1, June 24-26, 11:15a.m -12:45 p.m.  
Session 2, August 19-21, 9:45a.m. - 11:15 a.m.

**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.

**FEE:** \$100.00 p. p. Min. 1 - Max. 3

Meet on the rowing dock to the left of the building

### On Reg Form List Program, Session, Time and Date

Do your kids have a ton of energy? Drop them off at DBMS and we will tire them out for you! Three days of SUP classes and they'll receive plenty of instruction, fun and exercise. SUP classes offer a great physical workout that builds strength and balance with constant utilization of your core. Classes will be Monday-Wednesday with Thursday and Friday reserved as make up days if necessary.

Dress for weather, bathing suite, towel, sun block, hat, sun glasses, bottle of water and a snack.

**Prerequisite: Must know how to swim**

(Session 1 make up time is 12:45 -2:15 p.m.)

(Session 2 make up time is 10:15-11:45 a.m.)



# YOUTH AND TEEN EVENING PROGRAMS

## YOUTH GOLF

**WHO:** Co-ed, ages 7-15  
**WHEN:** Mondays, July 15 - August 12 (5 weeks)  
 6:00 – 7:30 p.m.  
**WHERE:** Coast Guard Hill, 900 Ferry Street  
**FEE:** \$85.00 p. p. Min. 8 - Max. 16

### On Reg Form List Program

**INSTRUCTOR:** Courtney Lee - is a PGA player and has been teaching since 2007. Courtney played four years of varsity golf at Notre Dame Academy in Hingham, (team Captain during her junior and senior years). Courtney was the Boston Globe player of the year her senior year and has been an assist coach at N.D.A. the past two years. She currently works at Sandbaggers and Waverly Oaks golf clubs. Beginner and intermediate instruction offered each night. This five-week learn-to-golf program includes etiquette, equipment, putting, chipping, full swings, end of season tournament and more. Sneakers or golf shoes required, t-shirt or collar shirt, no tank tops. Bring your clubs, limited supply available.

## GIRLS LACROSSE

**WHO:** Girls entering grades K-2, 2013-14 school year  
**WHEN:** Tuesdays, June 18 - July 16, (5 wks)  
 6:00 p.m. - 7:15 p.m.  
**WHERE:** Eames Way Field (near the softball field)  
**FEE:** \$35.00 p. p. Min. 15 - Max 20  
**On Reg Form List Program and Date**  
**STAFF:** Ms. Ellen Parnell, MHS J.V. Girls lacrosse Coach.  
 Assisted by select members of the MHS Girls Lacrosse Team



The Girl's Lacrosse program is geared to the recreational player, perfect for those new to the sport. The staff will coordinate skills, promote sport knowledge and sportsman ship in a fun and positive manner. Players will need a stick, mouth guard and eye goggles.

Players should bring bottled water or other healthy drinks and a Peanut FREE snack.

\*\*\*\*\*Indicate T shirt Size on registration form\*\*\*\*\*

**REGISTER FOR RECREATION PROGRAMS ON-LINE and SAVE TIME!!**

## R.A.M.S. NIGHT OUT! *Page 29*

The R.A.M.S. program is a structured enrichment program for students with disabilities and their peers. The R.A.M.S. program focus is on the development of social pragmatic skills, independence, creativity and gross and fine motor development. The goal is to create fun and engaging opportunities that will foster friendships in an inclusive environment.

Students will enjoy a night of indoor and outdoor games and fun activities, while parents enjoy their own night out! Pizza and bottled water will be served. R.A.M.S. Staff will supervise Students.

**WHO:** Co-ed, ages 7-15  
**WHEN:** Tuesday, July 16, 5:30 – 7:30 p.m. Min. 4 - Max 8  
**WHERE:** Recreation Center, 900 Ferry Street  
**FEE:** \$5.00 p.p. 4 students and 4 peers

**On Reg Form List Program, date and time**  
 In the comment section please list the disability.

Peer Program Volunteers - A limited number of volunteer opportunities are available for each program. Interested? Call our office for detailed information.

Look for additional R.A.M.S. programs this Fall

## TEEN SAILING LEAGUE

**WHO:** Co-ed, grades 6-12, 13-14 school year  
**WHEN:** 5:30 p.m. – 7:30 p.m.  
**WHERE:** Green Harbor Yacht Club  
**FEE:** \$95.00 p. p. Min. 3 - Max 9

### On Reg Form List Program and Date

Beginner and Advanced instruction offered each session. Learn how to sail or improve your skills. Sail Flying Scott, (2-3 students - 1 staff). Must be able to swim 100 yards with a PFD. Provide your own Coast Guard class three PFD, (whistle and lanyard). Drinks (water), hats, and sunscreen are recommended. Program outline is similar to the Youth Sailing Program

Session	Dates
1	July 8 thru July 11
2	July 15 thru July 18
3	July 22 thru July 25
4	July 29 thru August 1
5	Aug. 5 thru Aug. 8

## SUMMER BASKETBALL

- WHO:** Students entering grades 3 - 6  
September 2013-2014 school year.
- WHEN:** Wednesdays, July 10 - August 7 (5 wks)  
Thursdays, July 11 - August 8 (5wks)  
Practice before game from 6:15 - 6:45 p.m.  
Concludes by 7:30 p.m.
- WHERE:** Outdoor Courts at the Furnace Brook and  
Martinson Schools
- FEE:** \$30 per person with a maximum of \$65 per  
family.

**On Reg Form List** Program, Date and Grade



Separate teams for boys and girls. Limited to  
24 players per grade group! Rain out extends program  
another week

### BOYS

Grade	Day
3-4	Wednesday
5-6	Thursday

### GIRLS

Grade	Day
3-4	Wednesday
5-6	Thursday

### BASKETBALL, GRADES 1 & 2

Co-ed Skills Clinic, July 9 - August 6, 6 - 7 p.m.  
Students Entering Grades 1 & 2 September 2013 school year  
Dribbling, passing, shooting and teamwork will be emphasized,  
as well as inter-squad scrimmages.

Grade	Day	Fee
1-2	Tuesday	\$30.00

\*Want to help coach a basketball team?\*

**On Reg Form List** Program, and Grade



## SUMMER STREET HOCKEY *Page 30*

- WHO:** Sneaker League, Co-ed for students  
entering grades 1-6  
September 2013 - 2014 school year.
- WHEN:** M - July 8 - August 5 (5 wks)  
T - July 9 - August 6  
W - July 10 - August 7  
Rain cancellation extends one week.
- Game time: 6:00 p.m.
- WHERE:** Street Hockey Rink
- FEE:** \$30 per person, \$65 maximum per  
family. Limited to 24 players per  
grade group!



**On Reg Form List** Program, Date and Grade

Grade	Day
1-2	Monday
3-4	Tuesday
5-6	Wednesday

All players need a stick, hockey helmet with a  
face cage/shield. NO HELMET, NO PLAY!

Don't be left out of the summer fun. Get your  
friends together and sign up. The last day to  
register for the basketball and street hockey  
programs (unless teams are already full) will be  
Tuesday, April 26.

\*Want to help coach a hockey team?\*

**On Reg Form List** Program, and Grade

### IMPORTANT DATES

#### Coaches Night

(Team Selection and Rules)  
Recreation Office, 900 Ferry Street

**Street Hockey**, Thursday, May 2, 7:00 p. m.  
**Basketball**, Thursday, May 9, 7:00 p.m.

*These sports programs will continue as long as we have parent volunteers to coach.  
Your support will allow these summer youth programs to continue!*

## YOUTH FLAG FOOTBALL

**WHO:** Co-ed, grade entering September 2013

**WHEN:** Thursdays, 6:00 - 7:30 p.m. Gr. 3 & 4  
Wednesdays, 6:00 - 7:30 p.m. Gr. 1 & 2  
(5 weeks) If rain out, extend a week.

**WHERE:** Coast Guard Hill, 900 Ferry Street

**FEE:** \$30.00 per person Limit of 24 players per Gr.

**On Reg Form:** List Program, Grade and Night  
Grade 1 & 2 7/10 - 8/7  
Grade 3 & 4 7/11 - 8/8

Enjoy Flag Football at Coast Guard Hill. We will play on our new multi purpose field with coaches assisting. Cones, balls, t-shirts and pinneys will be supplied. **Players should bring water and a healthy, peanut-free snack.**

**Coaches Meeting** - In order to offer this program, we will need volunteer coaches (minimum of two per team). Please consider signing up to be a Coach and join us at the recreation office for our Coaches Meeting, Tuesday, May 14. The meeting will start at 7:00 p.m. During this time we will review the rules for summer play and select teams, and discuss equipment distribution

Want to help coach a flag football team? We need coaches  
**On Reg Form List** Program and Grade

Registration for this program started with the Winter/Spring Brochure. Mail In or Walk In your registration. For on-line go to Winter/Spring 2013

## ADULT PICK UP BASKETBALL

**WHO:** Adults, (H.S. grads and older)

**WHEN:** Thursdays, July 11 - August 8, (5 weeks)  
6:30-7:30 p.m.

**WHERE:** Recreation Center, 900 Ferry Street

**FEE:** \$5.00 p.p. Min. 10 - Max 16

**On Reg Form:** List Program and Date

**STAFF:** Volunteer Coordinator needed

Adults, here is your opportunity to enjoy the fresh air and have a little fun this summer. Pick up games will be offered as we use two of the striped out courts located in the parking lot. Let the kids play in the field while you play on the court.

## SUMMER SOCCER

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**WHO:** Co-ed, entering grades 3-5

**WHEN:** Wednesdays, June 19 - July 24, (5 weeks).  
6:00 p.m. - 7:15 p.m. (no class July 3)

**WHERE:** Grace Ryder, Front Field

**FEE:** \$30.00 p. p. Min. 15 - Max 24

**On Reg Form:** List Program and Date

**STAFF:** Volunteer Coordinator needed

The summer soccer program is geared to the recreational player, suitable for new players and those who have played previously. The staff will coordinate organized pick up games, with balanced teams, and promote good sportsmanship. Players should bring a ball, (with name on it) Enjoy an evening shoot out and a fun game.

Players should bring bottled water or other healthy drinks and a Peanut FREE snack.

\*\*\*\*\*Indicate T shirt Size on registration form\*\*\*\*\*



We are looking for a volunteer to assist with this program.

## GREAT AMERICAN BACKYARD CAMPOUT

**WHO:** Boy, Girl, Cub Scouts and Friends

**WHEN:** Saturday, June 22

**WHERE:** Coast Guard Hill, 900 Ferry Street

**FEE:** **NO On-Line Registration**

**On Reg Form:** List Program, **Limited space.**



Celebrate the Great American Backyard Campout with this family friendly camp out here at the Recreation Center. Call our office for details on this wonderful opportunity and how your troop and or pack can participate.



# ADULT ACTIVITIES

## ADULT SAILING

**WHO:** Co-ed, H.S. graduates and older  
**WHEN:** 5:30 - 7:30 p.m.  
**WHERE:** Green Harbor Yacht Club  
**FEE:** \$95.00 p. p.

Session	Dates
1	July 8 thru July 11
2	July 15 thru July 18
3	July 22 thru July 25
4	July 29 thru Aug. 1
5	Aug. 5 thru Aug. 8

**On Reg Form List** Program, Session and Date

Beginner and Advanced instruction offered each session. Learn how to sail or improve your skills. Sail Flying Scott, (2-3 students - 1 staff). Must be able to swim 100 yards with a PFD. Provide your own Coast Guard class three PFD, (whistle and lanyard). Drinks (water), hats, and sunscreen are recommended. Program outline is similar to the Teen Sailing Program. Min 2 - Max 9 per session.



## ADULT YOGA

**WHO:** Adult (co-ed, high school and older)  
**WHEN:** Tuesday and Thursday 6:30 - 7:30 p.m.  
 June 18- June 27, (4 classes)  
**WHERE:** Whidden's School of Fitness  
 822 Webster St., Marshfield.  
**FEE:** \$45.00 p. p.

**On Reg Form List** Program, and Date

Yoga can help one integrate mind and body. Through yoga one can increase flexibility, strength, improve balance and posture. Mental clarity, inner peace and a nourished spirit can be attained through consistent practice. Bring a blanket or large towel, wear loose comfortable clothing.

www.whiddenschool.com

**GET OUT AND PLAY!  
 HIKE, BIKE, WALK, PADDLE, JUST DO IT!**

## ADULT KAYAKING

**WHO:** Co-Ed, age 16 and older  
**WHEN:** See Below  
**WHERE:** Plymouth Harbor at Brewer's Plymouth Marine, adjacent to 14 Union Street Restaurant  
**FEE:** \$70.00 p. p. Min. 2 - Max. 6

**On Reg Form List** Program and Date



DATE	TIME
July 15 & 17	6:00 p.m. - 8:00 p.m.
July 29 & 31	6:00 p.m. - 8:00 p.m.

Personalized instruction is provided for adults with little or no previous experience. This course will focus on paddling techniques, boat control and paddling safety. Water shoes are required for participants, bathing suits are optional but recommended. Instructor will notify students if class is cancelled due to wind / weather.

## ADULT SUNRISE STANDUP PADDLEBOARD

**WHO:** Adult (age 19 and older)  
**WHEN:** July 30, 5:30 - 7:00 a.m.  
**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.  
**FEE:** \$45.00 p. p. Min.1 Max. 3

Meet on the rowing dock to the left of the building

**On Reg Form List** Program, and Date

Are you an early riser? There's no better way to see a Duxbury sunrise than from on the bay! Come down and get an experience that can only be done in the summer! Very limited classes due to sunrise times and tides so sign up early!

**Prerequisite: Must know how to swim**

## ADULT SUNSET STANDUP PADDLEBOARD

**WHO:** Adult (age 19 and older)  
**WHEN:** June 30, 6:45 - 8:15 p.m.  
**WHERE:** Duxbury Bay Maritime School, 457 Washington Street.  
**FEE:** \$45.00 p. p. Min.1 Max. 3

Meet on the rowing dock to the left of the building

**On Reg Form List** Program, and Date

Good for new or experienced paddlers. Learn technique, safety and basic navigation. Experienced SUP'ers will focus on touring and/or fitness. The important thing is that you are out on the bay seeing a Duxbury sunset from a whole new perspective! These classes are limited because they are based on tide and sunset times.

**Prerequisite: Must know how to swim**

## TEAM FITNESS CLINICS

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Marshfield Recreation has teamed up with Challenge Athletic Speed, Strength and Conditioning to offer summer sports clinics. The goal of each clinic is to improve sport functional athleticism and decrease the risk of sport-related musculoskeletal injury. All sports have actions that require the integration of muscular strength, flexibility, core stability, speed, power, and agility. Partnering with the Speed, Strength, and Conditioning Center at Northeastern university as well as with Strength School Inc. has allowed the staff to create personalized training sheets for each athlete, tailoring it to the individual's skill, strength and fitness level.

### MHS RUGBY FITNESS CLINIC

**WHO:** H.S. students  
**WHEN:** Mon. - Wed. - Thurs. 10:00 a.m. - 11:30 a.m.  
July 8 - August 9, (8 wks) **No Class July 4**

**WHERE:** Meet at MHS gym parking lot

**FEE:** \$100.00 p. p. Min. 14 - Max 25

**On Reg Form List** Program, and Time

**STAFF:** Coaching staff is comprised of Matt Pomella, Chris Arouca, John Napoleone

The staff are CPR and First Aid certified, and have extensive experience in Athletic Training, Strength and Conditioning, and Leadership. All currently coach at the High School level.

Dress for the weather, sun screen/block recommended. Wear your athletic shoes and athletic apparel. Plan to bring at least a 30 ounce container of water, a healthy peanut Free snack and your cleats.

### MHS GIRLS FITNESS CLINIC

**WHO:** H.S. students

**WHEN:** Mon. - Wed. - Thurs. 10:00 a.m. - 11:30 a.m.  
July 8 - August 9, (8 wks)

**WHERE:** Meet at MHS gym parking lot

**FEE:** \$100.00 p. p. Min. 14 - Max 25

**On Reg Form List** Program, Grade and Time

**STAFF:** Coaching staff is comprised of Matt Pomella, Chris Arouca, John Napoleone

The staff are CPR and First Aid certified, and have extensive experience in Athletic Training, Strength and Conditioning, and Leadership. All currently coach at the High School level.

Dress for the weather, sun screen/block recommended. Wear your athletic shoes and athletic apparel. Plan to bring at least a 30 ounce container of water, a healthy peanut Free snack and your cleats.

### MHS FOOTBALL and SOCCER FITNESS CLINIC

**WHO:** H.S. students (Football & Soccer)

**WHEN:** Mon. - Wed. - Thurs.. **No Class July 4**  
July 8 - August 9, (8 wks)  
Fresh. 9:00 - 11:00 a.m.  
Soph. 8:00 - 9:30 a.m.  
Jr. & Sr. 7:00 - 8:30 a.m.

**WHERE:** Meet at MHS gym parking lot

**FEE:** \$100.00 p. p. Min. 14 - Max 25

**On Reg Form List** Program, Grade and Time

**STAFF:** Coaching staff is comprised of Matt Pomella, Chris Arouca, John Napoleone

The staff are CPR and First Aid certified, and have extensive experience in Athletic Training, Strength and Conditioning, and Leadership. All currently coach at the High School level.

**New this year,** Football and Soccer players will have the unique opportunity to workout together. Sign up for the grade you are entering in September 2013

Dress for the weather, sun screen/block recommended. Wear your athletic shoes and athletic apparel. Plan to bring at least a 30 ounce container of water, a healthy peanut Free snack and your cleats.

### Field Day Tuesday!

All athletes who are enrolled in one of the above Team Fitness Clinics are welcome to attend a group workout each Tuesday. (no extra cost) The Tuesday workout will run from 8:30 a.m. to 10:00 a.m.

**GO GREEN - REGISTER ON-LINE**

## COMMUNITY GREEN HOUSE

**WHO:** Adults / Families

**WHEN:** Seasonally

**WHERE:** Recreation Center  
900 Ferry Street

**FEE:** FREE

**On Reg Form:** List [Community Green House](#)

**STAFF:** Volunteer Coordinator, T.B.A.

Marshfield Recreation offers residents of all ages a seasonal Hoop Hut Green House. This 12x15 foot building is ready for volunteer use. Extend your growing season with our Community Green House. This spring we will look to establish an informal Gardening Club. We will plan to meet with interested users on Thursday, April 11, 7:00 p.m. at the Recreation Center. Make new friends, enjoy a new hobby, and enjoy the fruits of your labor!



## COMMUNITY GARDEN

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**WHO:** Adults / Families

**WHEN:** April 21 - November 10, 2013

**WHERE:** Recreation Center, 900 Ferry Street

**FEE:** \$20.00 per plot (1 plot p. p. / group)

**On Reg Form:** List [Community Garden](#)

**STAFF:** Volunteer Coordinator, T.B.A.

Marshfield Recreation offers residents of all ages a seasonal Organic Community Garden. The Community Garden consists of 14 raised beds of varying sizes, (approx. 8 x 4 feet) In fairness to all, each Individual, Family / Youth Group / Local organization is limited to one plot. A planning meeting for the gardeners will be held on Thursday, April 11, 7:00 p.m. at the Recreation Center. A review of rules, signoff sheet, drawing for the right to select a plot, questions and more! Save gas, make new friends, get some good exercise, increase your knowledge, and grow locally! Time to Eat Healthy, know where your food and flowers come from.

## ADULT FITNESS FIT BODY

**WHO:** High School students and older

**WHEN:** Session 1 June 29-July 20 (4 weeks)  
Session 2, July 27 - August 17 (4 weeks)  
8:00 a.m. - 8:45 a.m.

**WHERE:** Marshfield Recreation Center, 900 Ferry Street  
(meet in the parking lot)

**FEE:** \$45.00 p. p. pes session Min. 8 - Max 12

**On Reg Form:** List [Fit Body](#)

**STAFF:** Melissa Freed is a certified Personal Trainer and nutrition consultant who believes that wellness can be achieved by following a wholistic approach to exercise and nutrition.

This class will challenge your endurance with circuits of cardiovascular and strength training drills that incorporate plyometrics, running, kickboxing, speed and agility exercises and traditional calisthenics. You will strengthen your entire body and burn an amazing number of calories. Dress for the weather and bring two bottles of water.

## M.C.T.V. SUMMER VIDEO ADVENTURE



**WHO:** Co-ed, grades 6-10 2013-2014 school year

**WHEN:** July 22, 23, 25, 29, 30 and August 1  
2:00 - 4:00 p.m.

**WHERE:** Marshfield Community TV  
Studio  
696 Plain Street

**FEE:** \$125.00 p. p. Min. 4 - Max 6

**On Reg Form:** List [MCTV S.V.A.](#)

**STAFF:** Jonathan Grabowski and Leslie Zules,  
M.C.T.V.'s Access Coordinator

The Marshfield Community Television Summer Video Adventure is a program where young adults learn key aspects of video production and work as a team using their skills in creating a video that will air later on Marshfield Community Television's Public Access Channel.

**Please Note:**  
MCTV has final approval of student participation.

**PLEASE NOTE:** Telephone registrations are not accepted. **REGISTRATIONS** are only accepted with payment. Walk In, MAIL In, On-Line. If paying by **CHECK** - Make check payable to **TOWN OF MARSHFIELD**

# UPCOMING ACTIVITIES

Check out our Web page

[www.townofmarshfield.org/government-departments-recreation.htm](http://www.townofmarshfield.org/government-departments-recreation.htm)

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## LET'S GO!!

**WHO:** Adults / Families (children with adult, age 6 and older)

**WHEN:** Saturday, June 22, 8:00 - 10:00 a.m.

**WHERE:** Meet at Recreation Center, 900 Ferry Street  
Min. 6 Max. 10

**FEE:** \$5.00 (per family, couple or single, per walk)

**On Reg Form List [Let's Go and Date](#)**

**STAFF:** Ned Bangs, Marshfield Recreation Director and others

Explore Marshfield on Foot! New to town? Long time resident? Looking for friends to walk with? Here is your opportunity to explore some of Marshfield's conservation gems. On select Friday nights, Saturdays, during the fall, we'll hike town conservation and quasi public conservation land. We will plan to meet at the recreation center, 900 Ferry Street, review the planned hike and driving directions, fill up water bottles and head out. Learn about history, land use, plant i.d and share your knowledge with others. Bring a camera, peanut free snack, water and binoculars. Dress for the weather, sturdy shoes and a walking stick are fine. Hikes will last up to two hours. If you would like to help plan and lead a walk call the office. We love dogs, but for the comfort of all leave them at home. Participants should be in good health and able to walk on uneven ground for up to 1.5 hours. We'll leave the electronic devices at home, turn off the cell phone and listen to the sounds of nature! Send us your walking suggestions, as we explore Marshfield on Foot!

Look for more walks this fall!!!

## NEW COMMUNITY PROGRAM

We are in the process of finalizing two more new community programs. Look for details later this month.

Check the brochure often as we update and add programs on a regular basis.

## FALL PROGRAMS

Do you have an idea for a fall recreation program? Perhaps there is a community program you would like to see offered. We are evaluating program ideas for our pre school, youth, teen, adult, and senior community residents. Let us know your ideas for sports, crafts, enrichment, music, fitness, academic and trips etc.

Let us know if you would be interested in helping to organize a program or help lead/teach one. We are your community department, by working together we offer programs for the benefit of the community.

## EXTENDED DAY PROGRAM

The Recreation Department's After School Child Care Program is looking for more great staff! We anticipate several staff openings. We are accepting applications for the following school year positions:

SITE COORDINATOR

GROUP LEADER

ASSISTANT LEADER

Minimum age 16, experience working with school-age children, knowledge of sports, games, arts and crafts. First Aid and CPR a plus. Available hours: weekdays from the end of school until 6:00 p.m., September - June.

Applications and resumes accepted in the Recreation Office starting June 27, 2013. Positions open until filled.

Please send completed applications and resumes to:

Marshfield Recreation Department  
900 Ferry Street  
Marshfield, MA 02050

Extended Day Program, position

Licensed by the Department of Early Education and Care. Detailed job descriptions available upon request.

# OUTDOOR RECREATION FACILITIES

## PETER IGO PARK

**LOCATION:** Marshall Avenue & Dyke Road  
**FACILITIES:** One lighted basketball court, two lighted tennis courts, swings, open field, picnic tables, bike rack. Courts are lighted summer nights and Saturday evenings during the school year through Halloween.

## TOWER AVENUE PARK

**LOCATION:** Colonial Road & Tower Avenue  
**FACILITIES:** Picnic tables, T-ball field, swings, open field, basketball court, merry-go-round and bike rack.

## STREET HOCKEY / BASKETBALL COMPLEX

**LOCATION:** Forest Street & Furnace Street  
**FACILITIES:** Two basketball courts, one street hockey rink.

## BROOKS THOMSEN SINGER MEMORIAL PLAYGROUND

**LOCATION:** Old Main Street at the fire station  
**FACILITIES:** Bike rack, 1/2 basketball court, picnic tables, open field, play structure, swings.

## UNCLE BUD SKATE PARK

**LOCATION:** Webster Street & Ocean Street  
**FACILITIES:** Skate ramps, amphitheatre seating, play structure and swings for young children, recycle bin.

## COAST GUARD HILL

**LOCATION:** 900 Ferry Street  
**FACILITIES:** Home of the Marshfield Recreation Department. Basketball courts, sand volleyball courts, open field / hill, horse shoe courts, community garden, walking trails, picnic area. Dogs are welcome with responsible owners. Dogs must be on a leash. Owners must pick up after their dog (s). CGH is open to the public from dawn to dusk, unless there is a recreation meeting/program offered.  
**Security cameras monitor grounds 24/ 7**

## MARSHFIELD COMMUNITY PLAYGROUND

**LOCATION:** Library Plaza  
**FACILITIES:** Accessible playground for all abilities, age 3-12. Shade areas, benches, tables, recycle bin.

## FIELD PERMITS

All ball fields, outdoor basketball, and street hockey facilities may be reserved by a permit on a space-available basis. Great for family gatherings or birthdays. Contact the Recreation Department for details. **Fall Ballfield Permits: Apply June 20-June 27**

## CANOE RENTALS

Old Town Discovery canoes for rent, complete with paddles, and PFDs. Please call at least one week in advance to reserve your canoes (781) 834-5543.



## STREET HOCKEY RINK

Perfect idea for birthday gatherings and other fun times. Why not rent it for your next family outing? Call for details.

## REXHAME BEACH

**LOCATION:** Standish Street, off Ocean Street. Resident parking sticker required. For non- resident there is a daily fee.  
**FACILITIES:** Snack bar, bathrooms, basketball court, picnic tables, lifeguards, parking attendant.



## GREEN HARBOR BEACH

**LOCATION:** Beach Street & Bay Avenue. Resident parking sticker required. Parking also at Beach Street Extension, Post Office dirt lot, Avon Street.  
**FACILITIES:** Lifeguards. Beach is accessible by Beach Street extension via boardwalk.

## SPORT ORGANIZATIONS

**PLEASE CLIP AND SAVE ME!!!!**

The following **volunteer** run organizations provide sports programs for Marshfield residents. **These organizations are not under the jurisdiction of the Recreation Department.** The Recreation Department does not assign practice times to individual teams. We issue the permit to the league who in turn assigns fields and practice times. For further information please contact the individuals listed below.

### YOUTH FOOTBALL:

[www.marshfielddyouthfootball.com](http://www.marshfielddyouthfootball.com)

### GIRLS SOFTBALL:

[www.marshfieldgirlssoftball.com](http://www.marshfieldgirlssoftball.com)

### YOUTH SOCCER

[www.marshfieldsoccer.org](http://www.marshfieldsoccer.org)

### BASEBALL & T-BALL:

[www.marshfielddyouthbaseball.org](http://www.marshfielddyouthbaseball.org)

### YOUTH CHEERLEADING:

[www.marshfielddyouthcheerleading.com](http://www.marshfielddyouthcheerleading.com)

### BOYS LACROSSE:

[www.marshfieldlax.com](http://www.marshfieldlax.com)

### GIRLS LACROSSE:

[www.marshfieldgirlslax.com](http://www.marshfieldgirlslax.com)

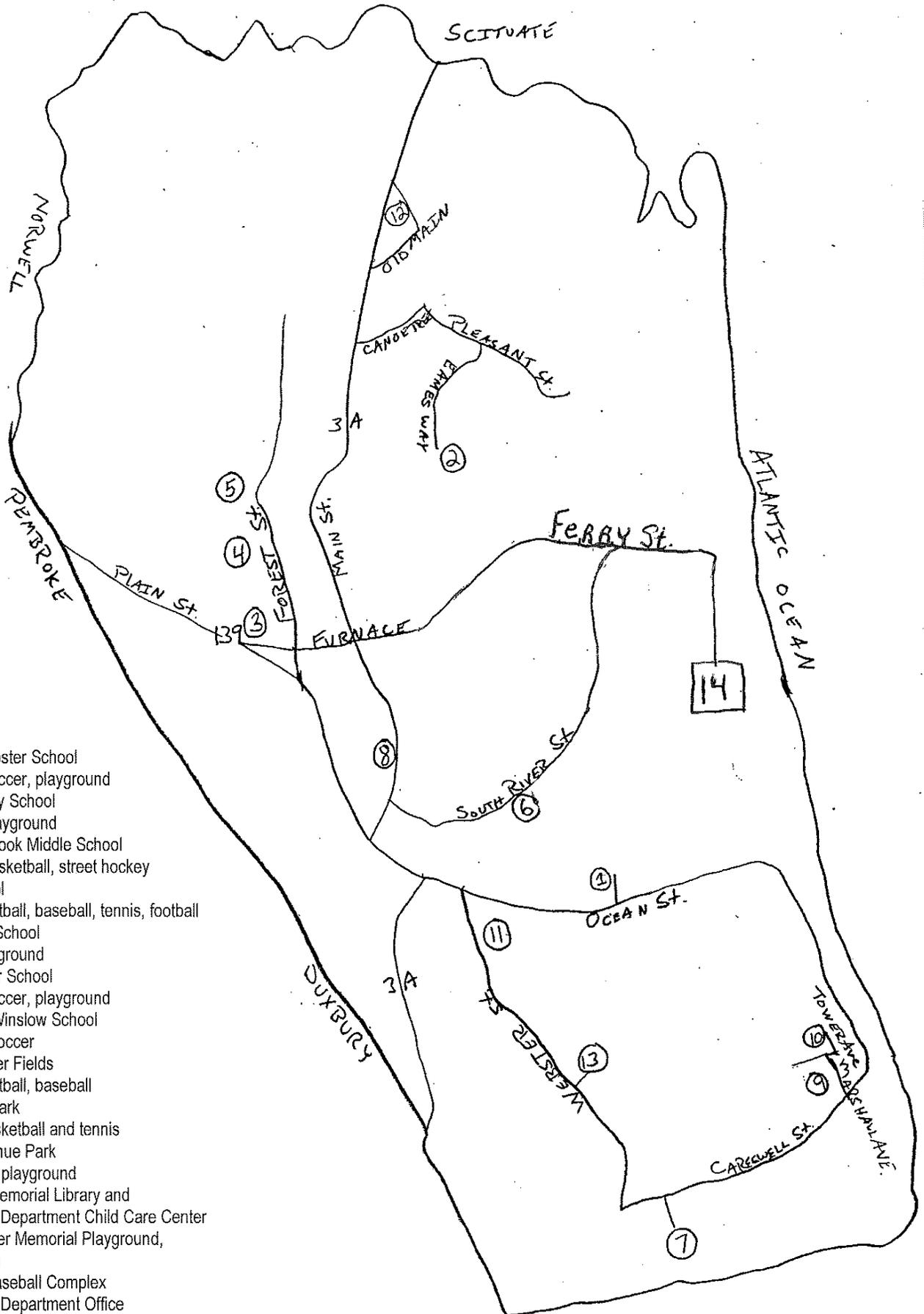
### FURNACE BROOK FARM:

[www.furnacebrookfarm.com](http://www.furnacebrookfarm.com)

### WHIDDEN SCHOOL OF FITNESS:

[www.whiddenschool.com](http://www.whiddenschool.com)

# RECREATION FACILITIES



Legend:

1. Daniel Webster School  
Softball, soccer, playground
2. Eames Way School  
Softball, playground
3. Furnace Brook Middle School  
Softball, basketball, street hockey
4. High School  
Soccer, softball, baseball, tennis, football
5. Martinson School  
Track, playground
6. South River School  
Softball, soccer, playground
7. Governor Winslow School  
Baseball, soccer
8. Grace Ryder Fields  
Soccer, softball, baseball
9. Peter Igo Park  
Lighted basketball and tennis
10. Tower Avenue Park  
T-ball field, playground
11. Ventress Memorial Library and  
Recreation Department Child Care Center
12. Brook Singer Memorial Playground,  
Fire Station
13. Wheeler Baseball Complex
14. Recreation Department Office  
900 Ferry Street

# MARSHFIELD RECREATION DEPARTMENT

900 Ferry Street, Marshfield, MA 02050  
781-834-5543

E-mail: Recreation@townofmarshfield.org

Received by: \_\_\_\_\_  
Date received: \_\_\_\_\_  
Cash: \_\_\_\_\_  
Check # \_\_\_\_\_  
Amount: \_\_\_\_\_

**Summer 2013 Registration Form**  
**Credit Card, Debit Card, Electronic Check, On-Line, Mail or In Person**  
**Summer program registration will begin when you pick up a brochure, hard copy or on the web.**

**- Please Print Clearly -**  
**Complete All Applicable Sections**  
**Make Checks Payable to Town of Marshfield**

Family Last Name: \_\_\_\_\_

Contact E-mail: \_\_\_\_\_

**Please Print**

When emergency situations arise, or if staff need to contact you due to program changes, please complete the following: Indicate by number ( ) the order of preference for contacting the people you list.

Mother's Name \_\_\_\_\_  
(or female adult participant)

Father's Name: \_\_\_\_\_  
(or male adult participant)

Address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
(if different from above)

\_\_\_\_\_  
(if different from above)

Home Phone: \_\_\_\_\_ ( )

Home Phone: \_\_\_\_\_ ( )

Work Phone: \_\_\_\_\_ ( )

Work Phone: \_\_\_\_\_ ( )

Cell Phone: \_\_\_\_\_ ( )

Cell Phone: \_\_\_\_\_ ( )

Insurance Company/policy # \_\_\_\_\_

## Recreational and Volunteer Activities Release

I, the undersigned, do hereby consent to my participation in voluntary or recreation programs of the Town of Marshfield.

I also agree to forever release the Town of Marshfield, and all their employees, agents, board members, volunteers, and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the Town of Marshfield from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the Town of Marshfield voluntary activities or recreation programs.

I also promise to indemnify, defend, and hold harmless the Town of Marshfield against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in the Town of Marshfield voluntary activities or recreation programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this Form. I understand that my participation is voluntary and that I am free to choose not to participate in said programs. By signing this Form, I affirm that I have decided to participate in the Town/City as a volunteer or in its recreation program with full knowledge that the Town of Marshfield will not be liable to anyone for personal injuries and property damage that I may suffer in voluntary activities Town/City or recreation programs.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature if participant is under 18 years of age: \_\_\_\_\_

Participant Name: \_\_\_\_\_ M F Grade in Fall: \_\_\_\_\_

D.O.B. \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Medication or other information staff should be aware of: Yes/No \_\_\_\_\_

Age 5 or under? A copy of your Birth Certificate / Physical is required New  on File

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

Participant Name: \_\_\_\_\_ M F Grade in Fall: \_\_\_\_\_

D.O.B. \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Medication or other information staff should be aware of: Yes/No \_\_\_\_\_

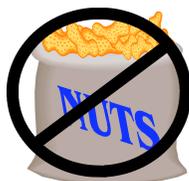
Age 5 or under? A copy of your Birth Certificate / Physical is required New  on File

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

### SNACKS

Due to the large increase of student allergies **ALL** program sites are **PEANUT FREE.**

Upon request we will e-mail you a list of peanut-free and healthy snack choices. Please call if you have any questions or if we may assist you.



“Helping Hand” assists those families who are not able to afford youth programs. If you would like to contribute to this program please do so here.

Total Amount Due \_\_\_\_\_

Helping Hand Fund \_\_\_\_\_

- Thank you! -

Total Amount Enclosed \_\_\_\_\_



Marshfield Recreation recommends hats, sunglasses and sunscreen/sun block and or insect spray for all outside activities. Please apply outside and away from other students prior to the activity. Staff may not apply sprays or lotions to children. Due to student allergies, sunscreen/block, or insect spray may not be shared with other children.

### YOUR FEEDBACK IS IMPORTANT TO US!

Have a question, comment, something we should know, would like to volunteer help, or have a program suggestion? Please take the time to let us know how we can better assist you with your leisure needs.

How do you find out about our programs? (Please Check) Brochure  Newspaper  Friend  School Notice  Web Page  Rec. Dept. E-mail notice  Other \_\_\_\_\_

Would you recommend a program to a friend? \_\_\_\_\_ Why? \_\_\_\_\_

Suggestions/Comments: \_\_\_\_\_

# TOWN OF MARSHFIELD

RECREATION DEPARTMENT  
900 FERRY STREET • MARSHFIELD, MA 02050  
NED BANGS, M.ED. CPRP., DIRECTOR • (781) 834-5543  
E-mail: Recreation@townofmarshfield.org

## EXTENDED DAY PROGRAM PRE REGISTRATION 2013/2014 SCHOOL YEAR

**Mail in Registration Only** (via U.S. Post Office), Mail to address above, **No Walk-In** Students in grades K – 5

**Pre-Registration begins May 29, 2013 for students who are currently enrolled in the program and their siblings. Forms may not be postmarked prior to May 29.**

*Please note: Program tuition must be current in order to pre-register*

Open registration for families new to the program will begin Wednesday, June 5, 2013

### A NON-REFUNDABLE REGISTRATION FEE OF \$30 PER STUDENT IS REQUIRED AT THIS TIME.

The Marshfield Recreation Department does not discriminate in providing service to children and their families on the basis of race, religion, cultural heritage, political beliefs, national origin, marital status, sexual orientation, disability or toilet training status.

CHILD'S NAME \_\_\_\_\_ D.O.B. \_\_\_\_\_ AGE \_\_\_\_\_

SCHOOL ATTENDING \_\_\_\_\_ GRADE SEPT. 2013 \_\_\_\_\_

STREET/MAILING ADDRESS: \_\_\_\_\_ Email: \_\_\_\_\_

P.O. BOX \_\_\_\_\_ ZIP \_\_\_\_\_ HOME PHONE \_\_\_\_\_

MOTHER'S NAME \_\_\_\_\_ WORK PHONE \_\_\_\_\_

Cell # \_\_\_\_\_

FATHER'S NAME \_\_\_\_\_ WORK PHONE \_\_\_\_\_

Cell # \_\_\_\_\_

NUMBER OF DAYS REQUESTED PER WEEK: \_\_\_\_\_ (MINIMUM 2 DAYS)

IF LESS THAN 5 DAYS PER WEEK, PLEASE CIRCLE DAYS REQUESTED:

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

PROGRAM COSTS: **5 Days** \$270.00 **4 Days** \$250.00 **3 Days** \$233.00 **2 Days** \$222.00 **1 Day** \$111.00

PAYABLE MONTHLY, BASED ON SCHOOL YEAR. (10 months) *(all fees are per person, second child in same family receives 10% discount)* **The first monthly payment will be due on August 1, 2013**

Please complete the entire form, if a part is not applicable then place a line through it. Student forms and September parent / student meeting information will be mailed the end of June.

I understand that participation in this program is voluntary, and I hereby release the Town of Marshfield, as well as the Recreation Department, its agents, contractors, employees and volunteers of, from all actions, claims, damages for personal injuries and disability that I or my child may sustain or incur as a result of participation in and/or transportation from my child's school to the program site and/or planned field trips

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

**TOWN OF MARSHFIELD  
RECREATION DEPARTMENT  
900 FERRY STREET  
MARSHFIELD, MA 02050  
781-834-5543**

[www.townofmarshfield.org/government-departments-recreation.htm](http://www.townofmarshfield.org/government-departments-recreation.htm)

