

Course Offerings

For your Records

<u>COURSE NAME</u>	<u>DATES</u>	<u>COST</u>
1. 19 th Century Maps	April 24, May 1, 8, 15, 22, 29, June 5, 12	\$25
2. Looking Back South Shore	April 29, May 6, 13, 20, 27, June 3	\$20
3. Sarah Moran: Opera	April 30, May 7, 14, 21, 28	\$20
4. Healthy Cooking with Sandy	May 1, 8, 15, 22	\$25
5. The Gift of Years	May 2, 9, 16, 23, 30	\$20
6. Digital Photography	May 5, 12, 19, Holiday, June, 2, 9, 16	\$20
7. Illustrated Courtroom	May 5, 12, 19, Holiday, June 2, 9, 16	\$20
8. Maximizing your Tablet	May 6, June 3, July 1	\$20
9. How Government Works	May 22, 29, June 5, 12, 19, 26	\$20
10. Virtual Tours of New England	May 27, June 24, July 22	\$20
11. More than Shipbuilding	June 6	\$5
12. The Dyke Feud	June 13	\$25
13. Winslow Wellness Day	June 21	\$25
14. Tour of JFK Museum	July 14	\$25
15. Boston Harbor Islands	July 23 and July 26	\$25
16. Art History Genres	July 29, and 30. August 5 and 6	\$20
17. EBooks and Magazines	July 29	\$5

Life Long Learning

2014 Spring/Summer

Marshfield Council on Aging Kickoff/Breakfast Begins April 8th at 9:30am

Second Kick-off will be at Ventress Library on April 19th from 10:00am—Noon.



Sign in and “Like” us on Facebook 
at [www.facebook.com MarshfieldLifelongLearning](http://www.facebook.com/MarshfieldLifelongLearning)

**Classes for Adults of All Ages in cooperation with
the Ventress Memorial Library and the Historic Winslow House**

*Due to the overwhelming response we had last year. This year,
beginning at 8:30am, as you enter, you will receive a numbered
ticket and will be called to sign up according to your number.*

Thank you for your cooperation

Cash or Check Only

1. 19th Century Maps with Bob Jackman

Maps reveal 19th century Marshfield history in a new program that utilizes historical Marshfield maps and other documents to provide a fresh, dynamic perspective on Marshfield history. Using historical data, some new maps have been created to visually present various aspects of the town at different points in time. Marshfield residents experienced the nineteenth century significantly different than other communities in Massachusetts and New England. This program will capture elements of that experience and indicate how they have impacted today's Marshfield.

Thursdays beginning April 24th, 10:00am-11:30am at the COA. Cost is \$25. Eight sessions.

2. Looking back at the South Shore: From Plymouth Rock to Quincy Granite with John Galluzzo

There are many undiscovered short stories about South Shore history, says author and historian, John Galluzzo. Join him in exploring houses that have jumped town boundaries without moving, sea serpents swimming in Duxbury Bay and the invention of the chocolate chip cookie. John will discuss all these interesting anecdotes based on his recent bestselling book, "Looking Back at South Shore History."

Tuesdays beginning April 29th, 9:00am -10:30am at the COA. Cost is \$20. Six sessions.

3. Opera for Everyone with Sarah Moran

Sarah will enchant us with her knowledge of opera making it easy for the common person to appreciate and enjoy this style of music. The class will offer an optional trip to the Kingston movie theatre at an additional cost of \$20 to watch a simulcast opera on the "big screen."

Wednesdays beginning April 30th, 1:00pm-3:00pm at the COA. Cost is \$20, Five sessions. with optional 6th.

4. Healthy Cooking with Sandy Feinberg

Focusing on main dishes, soups, appetizers and desserts, all from scratch. Learn how to prepare these heart healthy, low fat and diabetic recipes and enjoy the delicious results.

Thursdays beginning May 1st, 2:00pm-4:00pm at the COA. Class limit of 10. Cost is \$25. Four sessions.

5. The Gift of Years – Part II with Arthur Barry

"The Gift of Years" by Jean Chittister, is a book that reflects on many aspects of aging, the joys, concerns, struggles and surprises. The gift of these years is not merely about being alive; it is about becoming more fully alive. Participants must have access to the text. The text is an additional charge. You can join the part two class even if you did not come to part one, as the topics are new.

Fridays beginning May 2nd, 10:00am-11:30am at the COA. Class limit of 12. Cost is \$20. Five sessions.

15. Boston Harbor Islands: Lecture and Tour with David Burbine and Judy Macioci

This is a two session class. Our first class will be a lecture with instructors David and Judy, telling about the islands and their history and the second class will be a field trip out to the islands.

Wednesday, July 23rd for the lecture at the Ventress Library 6:00pm-7:30pm, Saturday July 26th, the tour, meet at 8:00am at the Ventress Library for the carpool. Cost is \$25. Bring a brown bag lunch or buy lunch on the island.

16. Art History Genres with Tony Pilla

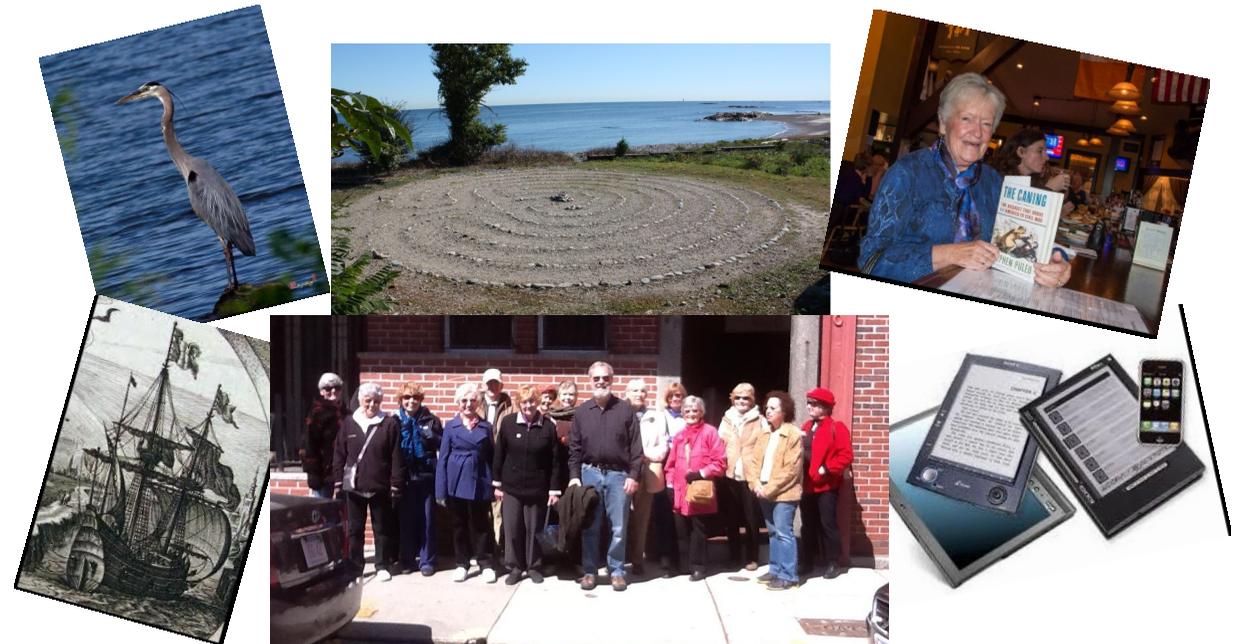
This class will focus on the origins, development, and significance of three major genres which have shaped the history of the visual arts in the Western World. Each presentation will focus on the evolution of various thematic genres such as landscape painting, still life, and portraiture.

Tuesdays, July 29th and August 5th and Wednesdays July 30th and August 6th from 1:00pm – 2:30pm at the COA. Cost is \$20. Four sessions.

17. EBooks and Magazines with Chris Woods and Gayle Walsh

Device overview of Kindle, Nook, iPad and Smartphone. A "technology petting zoo" will be available. Class has value for novice and the experienced. EBooks Zinio, magazines will be discussed. Bring your own device or just come and learn.

Tuesday July 29th from 6:00pm-7:30pm at Ventress Library. Cost is \$5. One session.



12. The Dyke Feud: Farmers vs. Fisherman with Regina Porter

A group of investors petitioned the courts to install a dyke, claiming the salt marsh would become rich farming land. The fisherman contested, arguing that this action would impact their livelihood. The court rules in the farmers favor. The feud intensified. Payoffs, spying, even talk of dynamite, but to no avail, the dyke and road were built. The controversy remains today...think flood maps!

Friday June 13th 11:00am-2:00pm. Will meet at Haddad's restaurant for lecture and buffet luncheon. Cost is \$25. One session.

13. Winslow Wellness Day

We will be offering 7 distinctive classes on wellness and metaphysics. Come enjoy a day of relaxation and enlightenment at the Winslow Estate. Labyrinth will be open to walk throughout the day and we will provide healthy snacks and water. During the breaks enjoy beautiful harp music performed by Ms. Sarah Sullivan.

Saturday June 21st, 12:30pm – 5:00pm on the grounds at the Winslow House. Cost is \$25.

CLASS OFFERINGS:

	TIME:	INSTRUCTOR
1. Walk a Labyrinth	12:45	Chris Woods, Robin Merrill
2. Meditation for Wellness	1:20	Bob Morrison
3. Drumming	1:55	Ed Sorrentino
4. Yoga	2:30	Marnie Bacon
5. Reiki	3:05	Karen Boyle
6. Herbs for Wellness	3:40	Dick Sullivan
7. Tarot Cards and Palmistry	4:15	Karen Boyle

****We are requiring that people park at the COA where shuttle bus service will be available to and from the center throughout the day.****

14. Self-Guided Tour of JFK Museum

We will be met by the Special Events Director, Ian Shepard as he provides a brief introduction with an overview of the library and facilities and then a movie presentation. The visitors are then invited to explore the museum on their own. Currently, the JFK museum has a number of exciting exhibits including the Freedom 7 space capsule which carried Alan Shepard back to Earth. "The White House Years" which are excerpts from the First Lady's personal history, in her own voice and much more.

Monday July 14th. Transportation provided, meet at COA at 8:30am. We will leave the museum at 1:30pm Cost is \$25. Lunch is included with the tour.

6. Digital Photography with Jean McKenna

Jean's course will cover how to use a digital camera, picture design, exposure and lighting. She will also discuss how to capture landscapes, nature, people and portraits.

Mondays beginning May 5th, 10:00am– 11:30am at the COA. Cost is \$20. Six sessions.

7. Illustrated Class on the Courtroom with Jane Flavell Collins

Illustrator and renowned courtroom artist, Jane Flavell Collins, will feature high profile Massachusetts court cases from the artist's perspective. The original artwork and slides will accompany remembered observations of the Whitey Bulger trial.

Monday's beginning May 5th, 1:00pm – 2:30pm at the Ventress Library. Cost is \$20. Six sessions.

8. Maximizing Your Tablet with Katy Mayo

Everything you need to know about using your iPad. Basics include connecting to Wi-Fi, email, iCloud, downloading, using "apps", FaceTime, Safari, photos and much more.

Tuesdays beginning May 6th, June 3rd, July 1st 6:00pm– 7:30pm at the Ventress Library. Cost is \$20. Three sessions.

9. How the Government Works with Carol Neely

Carol will engage us with how each faction of the government works and what their responsibilities are. We will look at State, Federal and local government.

Thursdays beginning May 22nd, 1:00pm – 2:30pm at the Ventress Library. Cost is \$20. Six sessions.

10. Virtual Tours of New England with Heide Hasselmann

Heide will take us on 3 virtual tours showing us the beauty and charm of each destination.

Tuesdays beginning May 27th will be on the town of Newport, June 24th will discuss Mount Auburn Cemetery and July 22nd will discuss Cape Cod. All classes are 6:00pm – 7:30pm at the Ventress Library. Cost is \$20. Three sessions.

11. More than Shipbuilding: The North River with Regina Porter

Forged iron nails, sailcloth, tar/pitch and paint are just a few of the many industry's created during the "hey day" of shipbuilding on the North River. How did Corn Hill Lane get its name? Bring a chair and enjoy a serene morning at Gravelly Beach and hear the story of the local families who lived a lifestyle gone by.

Friday June 6th from 10:00am-Noon. Transportation available from COA, meet at 9:30am. Cost is \$5. One session.

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